

# Rhosgoch Gossip

Volume 25 Issue 1

Sept / Oct 2019

£1

## MIKEY'S OBITUARY

He may have just been a dog, but he was a rather special one. He had a terrier's independence, he usually did his own thing, whether that was to go off down the village, or help himself to food around the farm. As soon as he arrived at Lower Lundy, in January 2004, he took over. In 2007 he started to share his adventures with the readers of the Rhosgoch Gossip and continued up until July of this year, when he died. 77 people logged on to Facebook with 42 comments like, "What a little character. Everyone will miss his adventures". "Our visits to the Lundy won't be the same without him. The kids adored him". "So sorry - his stories were great in the Gossip". "He was a great pen pal for Maxie for years". "He was a little legend, R.I.P. little Buddy." "I never met Mikey, but I will miss his adventures in the Gossip." "We will all miss him and his visits to see us. What an absolute legend of a dog." "Such a legend. He did have an eventful life, his stories will live on." "He had so many adventures and was an amazing character." "Such a little legend." Even Grace, who was not his biggest fan, wrote: "We will sure miss you, all those looks and growls..." He usually reserved his growls for the postie or Grace.



Just a pup!



His favourite place—the hill



Time to play



Sitting on upstairs window ledge in the sunshine



Sometimes the little legs were too tired for walking



Pilates anyone?

## PAINSCASTLE FETE

The annual fete held on Bank Holiday Sunday was a great success with a profit of over £1,000 which will go to the upkeep and renovations of the hall. Below a few pictures to try to capture the wonderful friendly atmosphere.



### TRIBUTE TO MIKEY

Hi everyone,  
 What can I say, we all miss my Dad, Mikey, he was such a character!!  
 I think he was what you would call a lovable rogue for he was always getting into a bit of mischief and coming down to visit us in Painscastle. He certainly had a mind and will of his own. I would like to think I am "a chip off the old block" but I don't think I am quite as adventurous as my Dad!!  
 Anyway, all you humans will have your own memories of Mikey and he will live on in the minds of many.  
 I am not going to say "Goodbye" to my Dad because I know one day we will meet again in "Doggy Heaven" and then we will have some fun!  
 From Buster.



Doesn't he look just like his Dad?

### Y.F.C. NEWS

So, it's the beginning of a new YFC year and it was time for me to take over as Chairman with Kate Davies as Secretary and Aaron Bagley as Vice Chairman. To kick start the year we were awarded the Michael Powell Tankard for the most members gained within the past 3 years. This was a fantastic achievement and we hope we can keep it up for the future!



Here they are showing off their silverware at the annual dinner.

Our first event of the year was our new members BBQ with West Midlands Bubble Football. Many members, non-



members and parents had a go at knocking each other over both to the amusement of those taking part, and the spectators. It was an excellent day for all and I can only imagine will be repeated in the future.

Important YFC dates for the coming few months:

Field Day – Sunday 6<sup>th</sup> October

Tractor Run – Sunday 27<sup>th</sup> October

Hedging Match – The 3rd weekend of November (TBC)

Carol Singing:

Around Rhosgoch – 17<sup>th</sup> December

Around Painscastle – 18<sup>th</sup> December

For any more information on upcoming YFC dates or events please try our new Rhosgoch YFC Facebook page that is accessible to everyone and keeps you up to date with the latest going on with the local YFC! [www.facebook.com/Rhosgoch-YFC-100795621306758/](http://www.facebook.com/Rhosgoch-YFC-100795621306758/)  
 Sophie Protheroe.

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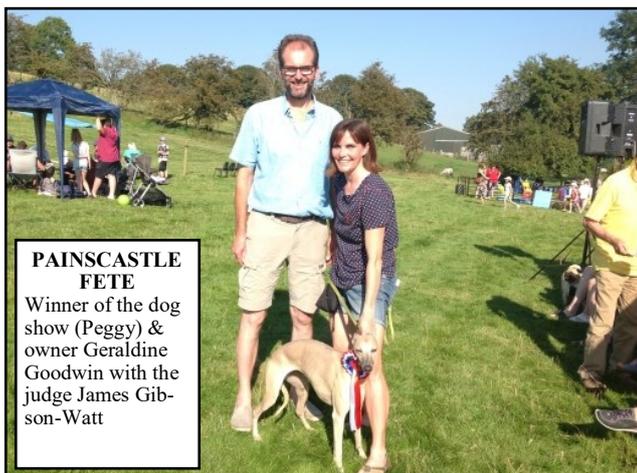
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### PAINSCASTLE FETE

Winner of the dog show (Peggy) & owner Geraldine Goodwin with the judge James Gibson-Watt

## FARM FOCUS

Mo mentioned that this will be the 25<sup>th</sup> year of Rhosgoch Gossip. We remember when it started as our daughter (Sarah) was one of the year 6s whose maths project it was, even then with help from Mo - so well done Mo for all your hard work and for keeping it going!



Great House Farm, Rhosgoch

Here at Great House, Rhosgoch, we are the third generation of Pughs to farm. We are a traditional Beef and Sheep farm. We keep Suffolk X, Texel X and Mule ewes, using Texel, Suffolk, Beltex X and Charolais rams. Our cows are mainly Belgian Blue X with some Limousin X which are put to a Limousin bull.

It's been a busy few months getting all the winter feed in from big bale silage, pit silage, hay, straw and with just the fern left to get. We have Mr Farmer (Micky) and gang in to do the pit silage - which seems to be done in no time at all nowadays. Robert says when they started doing pit silage it used to take a week and now it's done in a day, with a bigger pit. This suits me as I only have one day of meals to get for whoever turns up, usually starting with bacon butties for bait!!! We do big bale hay - but Robert insists on doing around 450 small bales to go on top of the silage pit, which is not so bad if there are a few of you, so this year Gareth asked Dan and Charlie to come and help. Charlie enjoyed it so much he's already volunteered for next year!!!! This year has been a good year with good crops and good weather which always helps.

The lambs have now been weaned from their mothers to fatten for market as we try to sell them on the fat. The ewe lambs we want to keep on for breeding have also been parted. We have also ploughed a field and Micky sent his "right hand man", Alvin, to drill some fodder turnips/ rape for us ready for the lambs in winter.

It is also that time of year when we have our full herd TB test. We try and do this when we know Gareth is about, as it makes it easier with an extra pair of hands. We were informed that there would be someone coming to assess Matt (the vet). Tuesday was an early start, check stock and get cattle all in ready for 9.30. Matt arrived and by the time he'd disinfected his wellies and waterproofs, got the needles and paperwork ready and of course a bit of talking, "time was going on. With no sign of the assessor we decided to make a start. For those of you not familiar with the process our system is - Gareth brings them into the race/ cattle crush, Robert yolks them, I find their number on the paperwork, Matt shaves a little bit of hair off in two places on their neck, measures the thickness of skin which I write down next to their number, (Matt checks I've got the right one) then he injects them with Bovine and Avian TB. The assessor arrived after we had done the first bunch. She watched Matt do about 40, ticking boxes and making notes on her paperwork. Robert then has a few restless nights and we do it all again 3 days later. Friday morning cattle all in and Matt (plus assessor) measures and compares with what was taken on Tuesday. Unfortunately, after 7 years of clear tests we had one IR (inconclusive reactor) which means it has to be retested in 60 days.... As the assessor left she said "have good day"!!!!!!

Well the nights are drawing in so summer's nearly over especially now the children are back in school.



Newest arrival

## GARDENING CLUB SHOW



## GARDENING CLUB SHOW



## SHETLAND

After a restful night, with only the chug of the engines of the ferry MV Hjaltland providing background music in a surprisingly spacious cabin, we landed in Lerwick, the main town in Shetland. Here we met our guide, Melvin. He first took us on a bus tour of the town, pointing out the Broch of Clickimin which was built in the first century BC. Shetland's economy is still very dependent upon fishing, which is



A seal in Lerwick Harbour

worth £300m to the local economy; herring and mackerel make up 60 per cent of the catch while farmed salmon and mussel ropes can be seen along the coast. The oil industry is the other major contributor to the economic life of the island, especially around Sullom Voe towards the north of the Mainland. We travelled through Tingwall, where the earliest Shetland parliament was held, and we stopped at the Shetland Jewellery workshop situated alongside Hellister Loch in Weisdale. Their designs are inspired by Norse mythology and include modern Celtic ranges of jewellery. We travelled on to Scalloway, the old capital of Shetland, where we visited



Scalloway

the museum and the castle. The museum had many exhibits on geology as well as the local history of the area and the 'Shetland Bus'. This was the operations group which, during World War II, carried out operations in occupied Norway including providing an escape route for refugees. It was a very interesting exhibition of the history of the War about which I was unaware.

En route back to Lerwick we stopped to meet Carol Laignel who was talking to a group of Germans from a cruise ship. She keeps Shetland ponies and we saw several Shetland ponies, including a cute little foal. Carol talked to us about the native Shetland ponies. They have been on Shetland since the Bronze Age. From the 1840s, they were exported to the British mainland to be used down



coal mines to replace women and children when British laws prohibited their employment underground. At one time there were 10,000 Shetland ponies; now there are about 1,000. They come in all colours with three different sizes, the miniature under 34 inches, the next size over 34 with the standard Shetland under 42 inches. Carol told us a little about crofting, how they have subsidies based on land areas, with three different rates, the highest being for the mountain areas. She also told us that of the 130,000 sheep on Shetland about 30,000 of them would be Shetland sheep kept on the mountains. We also saw Shetland cattle in an adjoining field; they were several different colours, fairly small with horns and she thought they were related to Ayrshire cattle.

We boarded our bus and returned to Lerwick for lunch and coffee in the museum. Shetland was littered with lochs,

both freshwater and saltwater, the largest being Loch Girsta which has brown trout, which when caught can be taken home, and Arctic Char which must be returned to the loch. The rugged hills, mostly running north to south, gave way to wide valleys. Much of the hill land was covered



with peat, with peat banks lining the hill where it has been cut for winter fuel for generations. There were several lines of new peat cuttings being dried ready to be taken home. There are good roads traversing the main island, this as a result of the oil industry. After a few stops for photo opportunities to record some stunning views, in Dunrossness we stopped at the Croft House Museum. We went inside, where there was a peat fire burning in the kitchen, we saw the box beds where people



Croft House Museum

slept, and at the other end of the building there were stalls for three cattle. Alongside was a small barn with a round kiln for drying the grain. The roof of the single storey croft had been lived in until the 1960s. Then we travelled on to Jarlshof at Sumburgh, near the southern tip of the Shetland mainland. This site was inhabited from the Bronze Age (2500BC) through until the seventeenth century. There were Bronze Age houses, then Iron Age houses built partly on top of the Bronze Age settlement. These included various styles of round house, a broch and a wheelhouse. Alongside was a Norse Longhouse and now dominating the skyline the medieval stone farmhouse which was fortified in the sixteenth century but since the seventeenth century has become a ruin. So many homes together on one site, an illustration of habitation for 4000 years, a visit not to be missed. After another fantastic day we returned to the ferry for an evening meal and the twelve-hour journey to Aberdeen.

We began our homeward journey, after another smooth crossing, making our way down the 'scenic route' through the Cairngorm mountains stopping at Ballater and Balmoral along the River Dee. Wonderful scenery as we drove through valleys surrounded by the majestic mountains. We passed through Glen Shee with ski lifts on either side of the valley to take their passengers up to the heights. Our next stop was in Blairgowrie where we had a lovely walk along the peat coloured River Erech. Our overnight stop was at Bannockburn, where the famous battle in June 1314 resulted in Scottish King Robert the Bruce beating the English under Edward II. On our last evening in Scotland there was plenty to see with the famous Robert the Bruce statue only yards from the hotel. A piper and highland dancer provided some traditional entertainment at the end of a memorable holiday.

ML

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## GWENDDWR WELCOME WEEKEND

What began as a simple opportunity over the August Bank Holiday weekend to visit St Dubricius' Church, Gwenddwr, to look at the old parish registers, somehow grew into a much bigger event, attracting a range of visitors both local and from away.

Two exhibitions of Ruth Hargest's wonderful photography, 'Radnorshire Villages' and 'Natural Beauty', were staged in Bryn Sion Chapel and the church respectively. Both sets of pictures were greatly appreciated, containing as they did scenes of breathtaking loveliness alongside peaceful pastoral views.

When a plea was put out for historic local pictures the response was tremendous, leading to a different sort of exhibition which allowed people to spend hours poring over old school, YFC and other photos identifying all their friends and reminiscing about days gone by. This aspect of the event proved so popular that it is planned to extend it in future years.

A number of people visited the church and chapel on the Sunday and Monday just as part of a day out, while still others came – in some cases from quite a distance – to scour the records for traces of their ancestors. For families there were two puzzle trails around the church and village, and refreshments were served throughout the two days of the Welcome Weekend.

The summer weather helped, of course. The beauty of Gwenddwr's surroundings complemented that of the exhibitions, and inside the historic buildings many happy memories were shared. All in all the weekend, with a warm welcome for all, was judged a great success.

Pam Banks



Gwenddwr Sunday School Outing, 1921  
(outside the Automobile Palace, Llandrindod)

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## CLYRO & HAY NEWS

### HayDay Cafés

The HayDay Cafés provide a great opportunity for people on their own, and particularly those living with dementia or memory loss, to enjoy each other's company and have some fun in a relaxed, friendly environment. The next Hayday Café at Clyro Village Hall is on the last Wednesday of the month, (i.e. 25<sup>th</sup> September) at 12.30pm until 3pm. We have a light lunch, followed by a creative or sensory activity to evoke memories, along with tea and cake and a good old sing-song. Our HayDay Café at Cusop Village Hall is on the first Monday of the month at 2.30-4pm when we have a memory session, along with a sing-song and some lovely tea and cakes. Lots of laughter, conversation and singing! If you can help monthly or as a one-off with entertainment or a dementia friendly activity, we would love to hear from you. <http://haydaycusop.wix.com/hayday> Email: [haydaycusop@gmail.com](mailto:haydaycusop@gmail.com) If you would like to come along or know someone with memory loss who would like to try it, please contact Sue Hodgetts on 01497 822523. Transport can be arranged with a volunteer or Dial-A-Ride.

**HATS** (Hay Adult Theatre Studies) are delighted to be working with the HayDay Café on their Creative Café Project, sponsored by the Lottery Community Fund. We will be getting creative with the HayDay Café visitors and working towards a community performance of the Good Old Variety Show on Saturday November 23<sup>rd</sup> at 4pm in Clyro Village Hall. If you would like to make your entrance, we need entertainers to join us. Can you do a poem, a comedy sketch, a song, dance, tinkle a keyboard or would you simply like to be involved? If you would, then come along to our free weekly workshops and rehearsals starting on Thursday September 12<sup>th</sup> at Clyro Village Hall, 7.45-9.45pm.

If you would like to be involved, everyone from 18-80+ is welcome. Come along for professional tuition by Hay Theatre CIC's very own Artistic Director, Janine Sharp. Call **07733 055430** or email [haytheatreco@gmail.com](mailto:haytheatreco@gmail.com) for more details. [www.haytheatre.co.uk](http://www.haytheatre.co.uk)

**Hay Youth Theatre** meets on Saturdays during term time at Cusop Village Hall at 10.30 until 12.30 for Juniors aged 7-11 and 1pm until 3 pm for Seniors aged 12-16. On Saturday 13<sup>th</sup> July we held our end of term fun performance of The Sword in the Stone in the grounds of Cusop Village Hall, which was enjoyed by an appreciative audience. We restart the autumn term on Saturday September 14<sup>th</sup>.

New members are always welcome. No experience is needed and it is wonderful to see everyone learn performance skills, make new friends and increase their confidence. For details call Janine on 07733 055430 or email [haytheatre@gmail.co.uk](mailto:haytheatre@gmail.co.uk) For more information check our website [www.haytheatre.co.uk](http://www.haytheatre.co.uk)

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## PAINSCASTLE RECYCLING & RUBBISH COLLECTION

Recycling every Monday, and the next rubbish collection dates are:  
**Sept 16th Oct 7th Oct 28th Nov 18th**

Garden waste is collected every fortnight on Tuesdays from April to November for an annual fee. Garden waste collections  
**Sept 17th Oct 1st Oct 15th Oct 29th Nov 12th**

## CULINARY COLUMN

### The Griffin, Llyswen.

One of my least popular but deeply held opinions is that the nights drawing in is great. There is something really satisfying about drawing the curtains at 8pm, seeing inky blackness and knowing that even if there are 100 jobs that you haven't completed that day you really can't do them because it is dark. Another unpopular opinion I hold I am afraid is that rainy summer days are awesome. I know, deeply unpopular, but a wet day blows in with such low expectations that everything achieved is a bonus. Would any paperwork or housework ever be achieved on a farm without the odd wet day? Now that the evenings smell of autumn you can embrace cosiness without feeling like a seasons fraud. Make blackberry and apple crumble, wear that coat that you haven't worn since March and get those log fires crackling.

The Griffin at Llyswen emerged from its long refurbishment at the start of the summer and has spread its wings these last few months as a welcoming and popular spot for tasty food. My Gentleman Friend and I chose the sharing plate to start with, and were not disappointed either with the size or the content. This would also be a great platter to order mid-drinking session, with very generous smoked salmon, salami, prawns, mozzarella and more. It was well presented with so many lovely flavours. Next my Gentleman Friend chose the fish and chips. I did point out to him that we might need to soon change the title of this column to 'reviews of fish and chips near Hay on Wye' but he is still clinging onto that seaside summer feeling. However, he pronounced it one of the best he has ever had, which is high praise indeed. I had delicious mussels in a cream sauce that was perfect soaked up with crusty bread. A last unpopular opinion for you is that puddings are best shared. You just want that sweetness to finish off a meal, not a whole bowl full of it. In a pub on our summer holiday travels they had a coffee and mini-pudding deal which seemed the best of all worlds. My Gentleman Friend and I looked at the dessert board out of greed not hunger but sense won, and it seemed a shame to spoil the lovely tastes still lingering.

It is great to have the Griffin reopened, and proving itself to be able to please equally as a welcoming place to pop in for a drink and also somewhere to eat great food.

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### Plum crumble cake

Years ago I discovered the delight of 'streusel topping' which is a basic crumble to sprinkle on any baked goods. It creates a sweet and crumbly texture that elevates simple recipes. Cake is always a winner and so is crumble, so put them together and they are even better. This year the plum harvest is bountiful so use them up with this tea time favourite, and serve it with lashings of thick double cream.

#### Ingredients

175g butter at room temperature  
175g golden caster sugar  
3 large eggs  
225g self-raising flour  
1 tsp baking powder  
2 tsp vanilla extract  
100g ground almonds  
85g soured cream  
5-6 ripe plums halved and stoned

#### For the crumble

50g ground almonds  
50g plain flour  
50g golden caster sugar  
50g butter chopped into pieces  
soured cream or yogurt, to serve

#### Method

Heat oven to 180C/160C fan/gas 4. Grease and line a 22cm deep, round cake tin (preferably with a loose bottom) with baking parchment.

First make the topping: put all the crumble ingredients in a bowl and rub together until crumbly.

For the cake, put the butter, sugar, eggs, flour, baking powder, vanilla, ground almonds and soured cream in a big bowl. Beat with an electric whisk until smooth, then tip into the tin and level the top. Arrange the plums, cut-side up, over the mix, then scatter over the crumble.

Bake for 50 mins-1 hr on a middle shelf until a skewer poked into the cake mixture comes out clean (plums will remain sticky, however). Cool in the tin for 20 mins, then finish cooling on a wire rack. Keeps for 3-4 days in an airtight cake tin.

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### DATES FOR YOUR DIARY

Fri Sept 27th	Macmillan Coffee Morning at Rhosgoch Chapel 10am until 12 noon
Fri Sept 27th	Rhosgoch Mill Open Day 12—2pm
Sat Sept 28th	Macmillan Coffee Morning at Llanigon Village Hall 8.30am until 12 noon
Sat Sept 28th	Bronllys Apple Day at Royston Hall, Bronllys 12 noon until 5.30pm Free Entry
Sat Oct 4th	Macmillan Coffee Morning at Painscastle Hall coinciding with the Red Dragon Endurance Event
Mon Oct 14th	A Talk on Radnorshire Wildlife Reserves by Ray Woods at Painscastle Village Hall 7pm - 9pm
Tue Nov 5th	Fireworks at the Golf Club 6.30pm
Mon Nov 11th	A Talk on 'Why Value Wildlife?' by Ray Woods at Painscastle Village Hall 7pm - 9pm
Fri Nov 29th	Bingo at Rhosgoch Golf Club at 7.30pm
Sun Dec 8th	Christmas event for children and adults at Painscastle Village Hall from 4.30pm

### ADULLAM CHAPEL PAINSCASTLE

HARVEST FESTIVAL Wednesday October 9th at 7pm—  
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### HERMON CHAPEL RHOSGOCH

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Sun Sept 22nd Sankey Afternoon 2.30 pm  
Sun Sept 29th Mission Sunday Penny Williams 2.30pm  
Thr Oct 3rd HARVEST - Chris Gillham 7pm  
Sun Oct 27th Joint service at Moriah  
Sunday School every Sunday morning 10 – 11 am

### MORIAH BAPTIST CHAPEL, LLANDEILO GRABAN

Sept 22nd Ramah Harvest  
Sept 29th HARVEST  
Oct 6th Crickadarn Chapel HARVEST  
Oct 13th Brian Lopez  
Oct 27th Rev Peter Jackson Joint Chapels at Moriah  
Nov 10th Joint with Church at Moriah Rev Gordon Bingham  
Nov 24th Rev Ifor Williams  
Services Sundays at 2.30pm

### EBENEZER CHAPEL NEWCHURCH

Sun Oct 13th HARVEST THANKSGIVING at 3pm  
Rev Gordon Bingham  
Tue Oct 15th Continuation Service at 7pm  
Mr Peter Jennings  
Sun Nov 10th REMEMBRANCE Sunday 3pm  
Rev Royston Bevan  
Sun Dec 8th CAROL Service at 3pm  
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### ERWOOD & PAINSCASTLE CHURCHES

Dear All,

Autumn is now with us. Let us carry the warmth of the sun's goodness in our hearts throughout the winter months as we remember that it is the warmth of the Son's goodness that lies at the heart of all creation. Thus, through our Lord, we thank his Father for the season of growth with our continuing celebrations of Harvest.

We also are God's harvest! Through responding to the unconditional love of God in Christ as it absorbs and heals all of our past, present and futures, we may offer God lives of true grace. Grace gives us the compassion to share this understanding with each other and helps us to build communities of faith. This is the true Church of Christ – one caring body resting in the comfort of the God who suffered to be with us – I find no other truth more glorious and powerful than this. This is what we celebrate in our Parish Churches and the Holy Spirit never tires from building this Church and deepening God's love in Christ for all of us, individually and together.

So, as we give thanks to God for his presence in our lives and our land, we dedicate ourselves to his service through love for each other. We pray for all those who bring us nourishment through dedicated nurture of all the animals and fruits of the earth. Let us always hold in our hearts those who do not receive a sufficient share of the earth's gifts and pray for those who maintain their greed at the expense of the lives of others.

During the season of Harvest we bring forth the fruits of love, grace and joy and this prepares us for the more sombre notes of November, a month that is often known as the month of the dead. This time of the year gives us the chance to acknowledge the world of unseen things that complement our physical lives and live in our hearts to give us a different (and true) reality; a reality that centres around Christ's resurrection from the dead. **The Feast of All Souls**, on Saturday, the second of the month, is a time when we come together for a Eucharist to celebrate and commemorate the lives of the departed, many of whom we love and miss. This is an important celebration when we open our hearts to acknowledge the presence of our ancestors and also the angels who bring a touch of heaven to us in our lives. Associated with this is **All Saints Day**, which we will be celebrating on the following day of Sunday the 3rd of the month. The two celebrations are connected. The Feast of All Saints gives us strength in our individual sorrows to remember the Saints who have trod a troubled path before us – even to martyrdom, their footpaths have paved the way to make it easier for us to follow and thus we may readily call upon their help and intercessions for us. **Remembrance Sunday falls** on the 10th of the month and reminds us that our capacity for noble sacrifice is an intrinsic part of our nature; at our very best, humankind is truly Christ-like. All these festivals show us that much of our life on earth is bound up with thoughts of heaven. To make sense of life we must hold on to the promise of eternal life that Jesus has promised for each one of us.

**The Feast of Christ the King** on Sunday the 24th of November is the glorious climax of the Christian year. The celebration of this feast emphasises how humanity and divinity are inseparable within God's love for us in Christ. He defined the true nature of kingship through uniting his divine nature with our human condition thus showing us that the true nature of all sovereignty and leadership involves serving humanity through the embrace of love. His knowledge of our human frailty enables him to sit at the right hand of God for all eternity and be our advocate in heaven for all time – our King who carries us with him - **Christus Rex**. May this thought dwell in your hearts for the beginning of Advent

*In life and death, perplexities and sorrows,  
may God surround you with all His love.*

*May He give you true joy and patience.*

*Father Paul. X*

**ERWOOD AND PAINSCASTLE SERVICES FOR  
SEPT / OCT 2019**

**22nd September 14th after Trinity**

9:30am Bryngwyn Eucharist  
9:30am Crickadarn Eucharist  
11.00am Aberedw Eucharist

**26th September**

7:00pm Llandeilo Graban Harvest Eucharist

**29th September 15th after Trinity**

9:30am Gwenddwr Grouped Parish Eucharist  
11:00am Newchurch Grouped Parish Holy Communion

**4th October**

7:00pm Newchurch Evening Harvest Eucharist

**6th October 16th after Trinity**

9:30am Llanbadarn -y- Garreg Harvest Eucharist  
11.00am Gwenddwr Eucharist  
11:00am Llandeilo Graban Morning Prayer  
6:00pm Aberedw Evening Harvest Eucharist

**13th October 17th after Trinity**

9:30am Crickadarn Eucharist  
9:30am Aberedw Eucharist  
11:00am Llanbedr Eucharist

**20th October 18th after Trinity**

9:30am Llandeilo Graban Eucharist  
3:00pm Llandewi Fach Harvest Eucharist  
6:00pm Crickadarn Evening Harvest Eucharist

**27th October 19th (Last) after Trinity**

9:30am Bryngwyn Eucharist  
9:30am Crickadarn Eucharist  
11:00am Aberedw Eucharist

**2nd November All Souls**

7:00 Aberedw Eucharist for the Faithful Departed

**3rd November 4th Sunday before Advent**

9:30am Llanbadarn -y- Garreg Eucharist  
9:30am Gwenddwr Eucharist  
11:00am Llandeilo Graban Morning Prayer

**10th November Remembrance Sunday**

10:30pm Aberedw Remembrance Eucharist for the Fallen  
10:30pm Llanbedr Remembrance Eucharist for the Fallen  
2:30pm Moriah (Llandeilo joins) Remembrance Service

**11th November Armistice Day**

10:30am Crickadarn Memorial Service  
10:45am Newchurch Memorial Service

**17th November 2nd Sunday before Advent**

9:30am Llandeilo Graban Eucharist  
11:00am Gwenddwr Eucharist  
3:00pm Llandewi Fach Eucharist

**24th November Christ the King**

9:30am Bryngwyn Eucharist  
9:30am Crickadarn Eucharist  
11:00am Aberedw Eucharist

**OUTREACH POST OFFICES**

Tuesday morning 10 am to 12 noon Clyro Village Hall  
Wednesday afternoon 3 pm to 5 pm Clyro Village Hall  
Wednesday afternoon Aberedw Church Hall 2.30 to 3.30 pm.  
Wednesday afternoon 3pm to 4 pm Gladestry Village Hall  
Thursday morning 9 am to 10 am Gladestry Village Hall

**LOCAL BANKING**

NatWest Bank has a community Banker who visits Built Wells on Tuesdays 10.30am to 2.30pm and Hay-on-Wye on Fridays 10.30am to 2.30pm.

They aim to help and support with:

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For more information get in touch with Greg Couch 07748-624582

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**PAINCASTLE GROUP OF PARISHES**

**Harvest Festival**

Friday 4<sup>th</sup> October 7pm. **Newchurch**

Sunday 20<sup>th</sup> October 3pm. **Llandewi Fach**  
(Harvest Eucharist)

**EDITOR'S NOTES**

I hope you enjoy this edition of the 'Gossip'. As you will see there is no Mikey's Diary but most of the other regular features are included. Thanks to everyone who has contributed in any way to this issue. Special thanks for the suppliers of photos. Please continue to send articles, news and events, all comments are gratefully received. [mlloydlundy@outlook.com or 01497-851609]. (ML)

It is a new year (our 25th) for the Rhosgoch Gossip so all subscriptions, and adverts are due for payment.

The Rhosgoch Gossip is available at Clyro Filling Station & Painscastle Farmers Buying Group. It is available by annual subscription (due in Sept), £6 for delivery in Rhosgoch and Painscastle and adjoining areas, £12 posted. 'The Rhosgoch Gossip' is not responsible for the contents of this issue. Articles are the opinion of the respective writers. All errors and omissions excepted (E&OE).

Old issues are put on the community website [www.painscastle-rhosgoch.co.uk](http://www.painscastle-rhosgoch.co.uk)

The community website continues to reflect the local area. However, there are still gaps with some local groups not represented. If anyone would like to contribute in any way please get in touch either directly to the web-master or to me at [mlloydlundy@outlook.com](mailto:mlloydlundy@outlook.com)



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Booking essential

## POWYS PRATTLES

by County Councillor James Gibson-Watt

How reassuring it has been to attend, with my son Hamish and his trusty camera, a succession of local shows, fetes and community events in which the web and weft of community life appears to continue undisturbed. The weather has been (mostly) benign and the wasps, while copious in quantity, not that aggressive. The Royal Welsh Show proceeded serenely as per usual, although Politics is never far from the surface there and it took place right in the middle of the Parliamentary by-election that elected Brecon & Radnorshire's new Welsh Liberal Democrat MP, Jane Dodds. The (meteorological) heat was intense. Sitting in the Members' Stand with its metal roof acting like an enormous radiator in the sky, grilling the spectators below, one did feel for the poor be-suited Stewards in the Main Ring!

Of course it's all a mirage. A vision, perhaps a hope, of things carrying on as normal, when we know that in a few weeks' time, barring something extraordinary, things will not be 'as normal' at all. When you read this, we may be in the throws of yet another General Election and 'oh not another one' Brenda-from-Bristol will be on the TV again; and Wales and the UK's place in the world and our political and commercial relationship with our nearest neighbours in Europe will be about to become fundamentally different, 'deal' or 'no deal'. For an area like ours, so dependent on livestock farming, that change will be big and permanent. For manufacturers like Airbus in North Wales it will also be major. Speaking personally, I don't understand how 'no deal' can possibly work. That company's aircraft are assembled in Toulouse in southern France, but each bit of them is made in different parts of Europe. Wings are made in Wales and England, the other bits elsewhere in the EU. When we Leave, what impact will that have on Airbus's wing production here? Car manufacturers are in a similar position. Some people say, oh, it will all be sorted out OK. But in this topsy-turvy world we live in it seems certain that if it's 'no deal' a 40% tariff will be imposed on UK lamb exports to the EU. For too many of our lords and masters in Westminster these things don't seem to matter. What matters to them is 'to get the job done' and 'implement the will of the people' (the 48% of us who voted to Remain count for nothing), not because it is necessarily in the interests of the country, but because it is the only way to ensure their political survival, at least for the time being.

Meanwhile, we councillors in Powys County Hall are being told that the council is going to be short of between £8 and £13 million in 2020/21, while the UK Government is committing countless billions to preparing for 'no deal', which our Prime Minister said had only 'a million to one chance of happening'. Like I said, topsy-turvy!

Please contact me anytime on 01497 820434 or 07971048737 or at [cllrjgw@powys.gov.uk](mailto:cllrjgw@powys.gov.uk) James

## LOCAL LIBRARY TIMES

**Hay on Wye Library** Monday 10am – 12.30pm & 1.30pm – 3pm.  
Tuesday & Wednesday closed.

Thursday 10am – 12.30pm & 1.30pm – 3pm.

Friday 1.30pm – 6pm. Saturday 10am – 12.30pm.

**Brecon Library** Monday 9.30am – 5pm.

Tuesday 9.30am – 6.30pm. Wednesday closed

Thursday / Friday 9.30am – 5pm. Saturday 10am – 1pm.

**Builth Library** Monday / Tuesday 10am - 1pm & 2pm – 5pm

Wednesday Closed. Thursday 9.45am – 1pm & 2pm – 5.45pm

Friday 10am – 1pm. Saturday 10am – 12.30pm

**Llandrindod Wells**

Monday, Tuesday & Wednesday 9am – 5pm.

Thursday 9am – 6.30pm. Friday 9am – 5pm.

Saturday 9.30am – 1pm

**Talgarth** Monday closed. Tuesday 3.30 – 6pm

Wednesday 9am – 11am. Thursday closed

Friday 2pm – 5pm. Saturday 11am – 1pm

**Mobile Library bus comes on third Tuesday of the month**

## ASSEMBLY NEWS 9/9/19

For me, as a Welsh Assembly Member, watching recent events in the Westminster Parliament from afar has taken on an almost hypnotic fascination, a mixture of disbelief and horror all in one; and into this maelstrom my close friend and colleague, our new MP Jane Dodds, has gone, having been elected at the by-election at the beginning of August. I have been mightily impressed by the way that Jane has taken all this in her stride. But then I suppose I should have expected that, given her 25 years' experience as a child protection social worker, operating in some of the most challenging environments at home and abroad. She has seen all that life can throw at people and some, so a few politicians who should know better acting like badly-behaved children at Westminster was never going to faze her. Her maiden speech, in which she emphasised the grave dangers that a 'no Deal' exit from the EU would pose to local people's livelihoods, health and well-being and the UK economy in general, was very well-received across the House of Commons and in the constituency.

Now, after all that near chaos the UK's Prime Minister has suspended Parliament ('prorogued' is the technical word), locking MPs out of the place, for fear that they may further challenge his will, especially on that thing that dare not speak its name, the dreaded 'B' word. At a time of deep national crisis and division, MPs are being prevented from doing the job we elect them to do. All I can say is that it's not like this in the National Assembly for Wales, where despite our differences we AMs manage to rub along together in a (mostly) civilised way, without undue rancour or silly game-playing. The Assembly will continue to operate while Parliament is closed and so it should.

Despite the chaotic events at Westminster over the past few weeks, since her election as our new MP, Jane has managed to conduct many advice surgeries, attended numerous local shows and community events and met a host of local organisations, including both farming unions individually and jointly during a really useful farm visit. I'm sure she will continue with that level of activity over the coming weeks and months, helping to deal with the myriad issues that are raised with her every day and gathering the views of her constituents before returning to Parliament in five long weeks' time. She will do us all proud.

If I can be of assistance with any issue please do not hesitate to contact me on 01874 625739 or at [kirsty.williams@assembly.wales](mailto:kirsty.williams@assembly.wales).

## COMMUNITY COUNCIL NEWS

Chairman, David Nicholls, Castlefield Close

Vice-chairman, Sian Powell, Lletycoed

Jenny Smith, Penrhiw

Becky Miles, The Cwm

Iris Lloyd, Caemawr

Andrew Ritchie, Castle Brook

Bruce Evans, Lower Pentre

Meetings are held on the 3rd Monday of the month.

Agendas and minutes for meetings are posted on the notice boards in Painscastle, Rhosgoch and Llandeilo Graban.

Clerk: Marion Hughes, Waun y Pentre 01497 851628

Minutes are also on the Painscastle-Rhosgoch website:

[www.painscastle-rhosgoch.co.uk](http://www.painscastle-rhosgoch.co.uk)



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## NEWS FROM WESTMINSTER

Hello Rhosgoch Gossip readers,

Thank you for the opportunity to write in this month's Gossip. Firstly can I thank everybody who voted for me in the recent by-election. Your support is very much appreciated. But to all of my constituents, however they voted, I want to say that I hugely value this opportunity and will work hard for everyone, in all our communities across Brecon and Radnorshire. I am looking forward to working with my colleagues, Kirsty Williams AM and Cllr James Gibson-Watt, and will be happy to meet and to hear your views at any time.

As a bit of background, I was born and brought up in Wrexham, am Welsh speaking and spent a lot of time with my grandfather on the family farm, which unfortunately we lost after the foot and mouth outbreak. This was a very difficult time for us all as a family and is what has, in part, inspired me to fight for rural areas and farming communities.

For the past 25 years I worked as a social worker, in the UK and abroad, specialising in child protection. I was frustrated at the system that has left many families so vulnerable. It is this which also pushed me towards politics, really wanting to make a difference and improve people's lives, especially for the most vulnerable in society.

My first few weeks as an MP have been hectic but hugely enjoyable. I have held over eight advice surgeries so far and have tried to meet with as many local organisations and groups as possible. Highlights have included an evening with the Police during Brecon Jazz and attending a number of local shows, including the fantastic Painscastle Fete. I was really disappointed to miss the evening rounders – it's a game I love and was intrigued to hear that it went on until well after the sun had set!. Amongst this, my husband and I have also moved to Hay, I've had my initial induction at Westminster, made my maiden speech and voted following some of the most historically important Parliamentary debates in the UK's recent history. So it has certainly been busy!

With Brexit so dominating the news one could be forgiven for thinking that nothing else is happening in the world! But there most certainly are a host of problems and issues that need to be dealt with; and with Parliament now having been prorogued (suspended) earlier than usual this September I am looking forward to addressing the great many local issues in the constituency that need urgent attention. Please do get in touch at any time if I can be of assistance. I can be contacted at [jane.dodds.mp@parliament.uk](mailto:jane.dodds.mp@parliament.uk) or at my Brecon Office on 01874 625 739.

Thanks again, Jane Dodds MP.

## Pilates Emma



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### Class times

Monday 9.30am - Booth's Bookshop Studio, Hay  
Monday 2.00pm - St Peter's Centre, Peterchurch  
Tuesday 9.30am - Eardisley Village Hall  
Tuesday 6.15pm - Booth's Bookshop Studio, Hay  
Wednesday 9.30am - Painscastle Village Hall  
Wednesday 6.15pm - Clifford Community Centre  
Friday 9.15am - Booth's Bookshop Studio, Hay

My classes last for one hour, are suitable for all ages and fitness levels and are charged on a pay as you go basis. If you are interested in any of the above classes please call me on 07702 241725 or [emma@pilatesemma.co.uk](mailto:emma@pilatesemma.co.uk) [www.pilatesemma.co.uk](http://www.pilatesemma.co.uk)

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[mervynthomas@btconnect.com](mailto:mervynthomas@btconnect.com)

## VILLAGE QUIRE

The Village Quire are performing their delightful show *Songs for Silas* this autumn. We hope you can join us. Don't forget you can also now follow us on Facebook.

*Songs for Silas* - Silas lived in a small, thatched cottage near a pine wood with a sun-steeped garden, riotous with flowers and gooseberry bushes, and a Maiden's Blush rose over the door. In him the stream of the original Adam, rich and lusty and robust flowed freely, undiluted and unpurified. A lover of drink, food, the ladies and good company, he was not ashamed to wear a huge and flamboyant buttonhole, told lies, got the better of his fellow-men whenever the chance offered itself, used a scythe like an angel, was a wonderful gardener, took the local lord's pheasants, and yet succeeded in remaining an honest, genuine and loveable character.

Our *Songs for Silas* are original compositions and arrangements of traditional songs written by Dave Newell for The Village Quire and inspired by H.E. Bates' wonderful collection of stories: *My Uncle Silas*. Silas' stories – some taller than others - will be read for us by actor, Janine Sharp. Performances of *Songs for Silas*:

Saturday 28<sup>th</sup> September, 7.30 pm – Royston Memorial Hall, Bronllys, Tickets £10. FREE refreshments provided – Uncle Silas' Sparkling Apple and Elderflower Cup and Autumn Apple Crumble & Custard! Yum Yum ... not to be missed! Tickets from 01874 711020.

Our concert on Saturday 28<sup>th</sup> September is part of the Bronllys Apple Day at the Royston Hall – taking place from 12 noon 'til 5.30 pm. Don't miss it! Entry is FREE and includes Apple Pressing / Apple Identification / Bar / BBQ / Live Music (including a slot by the Village Quire) / Games / Orchard Produce Classes etc. This event is run for the benefit of the community by Bronllys Action for Community Spirit & Royston Memorial Hall. Contact : [roystonhall.bronllys@gmail.com](mailto:roystonhall.bronllys@gmail.com) for further details.

Saturday 26<sup>th</sup> October, 7.30 pm – Coronation Hall, Park Terrace, Kingsland, Herefordshire HR6 9SQ. Tickets £12 (adults) / £8 (children) from Box Office 07774 681403 [www.villagequire.org.uk](http://www.villagequire.org.uk) / [www.songsforsilas.org.uk](http://www.songsforsilas.org.uk)



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## CHARITY COLLECTIONS

Thanks so much for all your donations in the bus shelter and please continue to support the Bracken Trust by donating any stamps or bras.



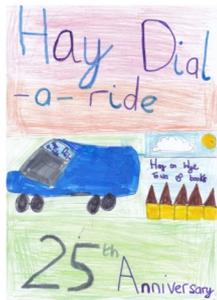
## Vacancies on the Board of Trustees

Applications are invited for Trustees/Directors posts for our local community transport charity, which covers Hay and the surrounding areas.

These voluntary roles will participate in the strategic direction and compliance of the scheme.

We are looking for  
**a Treasurer**  
**a current service user**  
**people with financial and fundraising expertise**

All appointments are made subject to a range of checks and declarations.



For an application pack or an informal chat please call 821616

Registered Charity:  
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### BRYNGWYN WI PROGRAMME

- Mon Oct 7th Dr Corinne Harris—Volunteering as an Anaesthetist in Ethiopia
- Mon Nov 4th AGM & fun activity
- Mon Dec 2nd Mollie Moore Woollen & Ribbon Embroidery

Meetings are held in Painscastle Village Hall, at 7.00pm, unless otherwise stated. Visitors and new members are welcome. Please contact Mollie Moore (851296) or Edwina Griffiths (851824) for more details.

### RHOSGOCH MILL

There won't be too many changes to the outside of the Mill building from now on; the windows and doors are mostly in place. However, I hope that by the time The Gossip is printed, there will be a new porch and, once the drainage is in place, we will be able to reinstate the garden wall at the front.

Internally there is a lot to be done – floors to be finished, staircases to be made, plumbing and electrics to be finished but the plasterers have transformed the structure into the beginnings of a home.

### OPEN DAY

I promised another chance for people to have a look around the Mill, so I am holding an 'Open Day' on Friday 27<sup>th</sup> September from 12 – 2pm. It is timed to follow on from the Macmillan Coffee Morning at Hermon Chapel which runs from 10 – 12.



### CARTREF CARE HOME

On the 1st and 3rd Friday every month, from 3.30pm until 4.30pm, Cartref Care Home, Brecon Road, Hay on Wye, has tea and chat afternoons. All welcome.

On the 3rd Friday of every month there is a short informal service 3pm to 3.30pm which is led by the Pastor and friends from Bethesda Evangelical Church in Hay. Everyone (all ages) is very welcome.

For further details Tel: 01497-820621

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### CONGRATULATIONS

Best wishes to Russell Morris and Sarah Brown on the birth of a baby girl Sofia Rhian Megan Morris on 19th July 2019. A second grand-daughter for Helen & Stuart Morris, Wernoog.

## OUR TRIP TO ICELAND

We had always wanted to visit Iceland and, at the end of June, we landed at Keflavik airport and were transferred by coach to Reykjavik - the capital city.

Tourism is Iceland's biggest industry. The population is about 350 thousand, most of whom live in Reykjavik. We stayed in a very nice hotel near the harbour and main shopping area.

Our first day was spent on a Whale watching trip but it wasn't very enjoyable with rough seas and no sightings. Passengers and crew were glad to get back to dry land.

The next day we booked the Golden Circle tour (approx 9 hours). It was a very interesting day out visiting a collection of Iceland's most famous natural wonders. Our first stop was the Kerid volcanic crater which was formed about 6,500 years ago.



We were able to walk around the rim of the crater and down to the bottom.

Next we went to the Geysir Hot Springs and saw the Strokkur Geysir spurt to a height of 20m every few minutes. The whole area is geothermally active and smells of sulphur.

Gulfoss Waterfall is found nearby and is very impressive - a national monument.



Icelandic horses are very popular and the country's isolation and a ban on importing new horses to keep out disease mean that its horse population is remarkably pure. They are found in a wide variety of colours and are respected worldwide for their intelligence, stamina and speed. The Icelandic horse has a unique gait, known as a tolt - a kind of running walk with a gentle flowing movement that makes for a very smooth and comfortable ride.



We stopped on the way to visit some of the horses; they are quite small and we would call them ponies but it is a controversial subject!

We ended the tour at Thingvellir National Park at the site of the original parliament.

Here the North American and Eurasian tectonic plates can be seen to drift apart at the rate of 2cm per year.

Iceland sits on the highest point of the Mid - Atlantic Ridge which runs thousands of miles south to north beneath the ocean making Iceland vulnerable to volcanic activity.

There are many glaciers in Iceland and we walked to the base of the longest where groups of people were preparing to hike the ice, we also saw the volcano that erupted in 2010 grounding most international flights.

Our favourite stop on this tour was the Black Beach at Reynisfjara with jagged cliffs, black pebbles, basalt columns and lots of bird life. Three shapes of rock, known as Troll Rocks, rise out of the sea.

The following day we decided to take it easy and went swimming in one of Reykjavik's many geothermal heated outdoor pools, which was very relaxing.

Our other main trip by mini bus was to the south coast about 2 hrs from Reykjavik.

We saw some amazing waterfalls and walked behind one at Seljalandsfoss which originates from a glacier.



On the last day we visited the Blue Lagoon which is a large pool of sea water naturally heated by the geothermal activity below the surface.



It sits in the middle of a lava field and you can lounge in it with warm mud oozing between your toes, in warm water temperatures of 37 - 40 C all year round.

Although we enjoyed the Blue Lagoon it was incredibly expensive -

about £100 pp

Most things in Iceland are expensive, for example fish and chips would cost about £35 for two. We were appalled to see Puffin and Whale on the menu! The temperature in summer is about 13C and it never seems to get dark. In winter it's permanently dark and very cold.

We enjoyed our visit to Iceland but would have liked to have seen more of the island, especially the north and east which are difficult to get to without a car.

Iceland is a very interesting country and definitely worth seeing. If you are going to go - go and see it all! And if you count the pennies



- don't bother.

Maggie and Alan

## GARDENING CLUB PROGRAMME

Thurs Oct 10th

T.B.A.

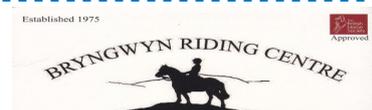
Thurs Nov 14th

Swinging 60s - Mike Watkins

Thurs Dec 5th

AGM

All meetings at Rhosgoch Golf Club at 7.30pm. Details from Edwina Griffiths 01497-851284 or Pat Harley 01497-851632



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## WI

### Visit to Hereford Resources Centre

After meeting at Painscastle Village Hall, eight members departed for the Hereford Resources Centre in Friar Street. Here we were greeted by Althea, who many of us had met previously on our WI visit to Berrington Hall in summer 2018. On that occasion, Althea had been our expert Guide for the Costume Tour, where she led us through Charles Paget Wade's extensive collection of predominantly Georgian costumes and explained the strong links with the owners and occupiers of the Hall itself.

Our visit to the Resources Centre had been Althea's suggestion; she had told us that a large part of the Costume collection from Berrington Hall was also held there. The Resources Centre itself is a converted electricity sub-station which had been built to withstand a nuclear explosion and, therefore, was ideally suited to act as safe storage with specialised climate control. It acts as the central storage facility for the county's museum collections and where collections not on show at the service's sites across the county are stored and cared for. These include items of interest covering natural history, geology, coins, costumes and textiles, archaeology, and social and agricultural history.

For the next hour and a half, Althea fascinated us by opening drawer upon drawer of clothing, shoes, beautiful bags, fans and umbrellas, many of which originated from the Georgian era and extended right through to the beginning of the 20<sup>th</sup> century. Of course, Althea was able to bring many of these items 'back to life' with her knowledge and insight into bygone times. We were captivated by the craftsmanship of the needlework which had been needed to create even the most basic of garments on display, whilst the skills and fabrics required for the more ornate items seemed almost beyond comprehension. I think many of us will remember the visit for being a largely untapped source of amazing items of interest sourced within our local area.



Bags, Boots, & Bonnets, Dolls & Dresses



Afterwards we all walked to La Madeleine in Church Street where we enjoyed a light lunch and a chance to catch up with our news. Refreshed, most of us took the opportunity to indulge in a little retail therapy or possibly for some an ice cream, to complete the day. Diana Balm  
Photos:- Sue Griffiths and Lesley Cooper



## QUIZ

At the Basky, Clyro  
7.30pm  
Thursday 11<sup>th</sup> November  
In aid of Bryngwyn Church

Teams of 4/6  
Prizes to 3<sup>rd</sup> place  
Raffle



## Christmas Bingo

Friday 29<sup>th</sup> November  
2019

at

Rhosgoch Golf Club  
Eyes down 7:30pm

In aid of St. Michael's Church Bryngwyn



## POWYS PODS

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Bryngwyn (near Rhosgoch)



## Radnorshire Wildlife Trusts Reserves A Tour Talk by Ray Woods

Monday 14<sup>th</sup> October  
Painscastle Village Hall  
7pm - 9pm  
Admission £2  
Refreshments available



## Radnorshire Wildlife Trust Why Value Wildlife? Talk by Ray Woods

Monday 11<sup>th</sup> November  
Painscastle Village Hall  
7pm - 9pm  
Admission £2  
Refreshments available

**CRAFT CLUB**



Cherry Williams showing Evelyn and Celia how to make a Star out of Willow at Craft Club



**AUTUMN COMPETITIONS**

**SATURDAY 19th OCTOBER**

**Open for entries 9:30am—10:30am**

**Open to Public 2:30pm**

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**PAINSCASTLE CHAPEL ANNIVERSARY**

On 11<sup>th</sup> August the annual Anniversary was held at Painscastle Baptist Chapel. Our usual President, Mrs Jenny Smith, was not able to attend this year due to family commitments, so we kept it in the family and asked her sister Edwina to carry out the duties of president, which she did in her usual competent manner and with her great sense of humour.

The organist was Mrs Margaret Evans from Erwood – who, believe it or not, is Jenny and Edwina’s cousin! Items were by:- Barry James, Catherine Hughes & Nigel Dodman, Carol Sheen, Doreen James, Iwan Evans, Abbie Lloyd, Charlotte, Rupert & Annabelle Lewis.



The President also recited a poem that she had written herself and for which she had won a prize at W.I. County level. The evening was rounded

off with a song from a group of children – Iwan Evans, Abbie Lloyd, Griff & Alys Lloyd, Charlotte, Rupert & Annabelle Lewis, and Louis Van Stratten. The vote of thanks was given by Iris Lloyd. Refreshments followed in the adjoining Adullam Hall.



**PAINSCASTLE GROUP OF PARISHES**

**CHRISTMAS SERVICES 2019**

Carols & Christingle Service:

Llanbedr - 6pm Sun 15<sup>th</sup> December. Mince Pies & Mulled Wine

Christmas Eucharist: Bryngwyn 0930 Sunday 22<sup>nd</sup> December  
Followed by Mince Pies & Mulled Wine (or tea/coffee!)

Midnight Mass: Newchurch - 11.15pm 24<sup>th</sup> December – Christmas Eve

Also: Bryngwyn Church Children’s Party Sat. 28<sup>th</sup> December  
4.30-6pm – ALL WELCOME



Come and join the Lallys

**LLANIGON VILLAGE HALL**

**Saturday 28th September**

8.30 am-12.00 noon

Bacon Rolls Cake Stall

Chinese Auction-Christmas Cards

Plants- Books- Crafts



More information Tel: 01497 847479

**MACMILLAN COFFEE MORNING**

**Sat 5th Oct 10 - 12.30**  
**Painscastle Hall**

Raffle, Chinese Auction, Cakes, Produce, Games, Bacon Rolls and more!

Please come along for a coffee and chat whilst supporting this very worthy cause

Anyone who is able to help please call Jane Nicholls  
01497 851336 or 07929 016706

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Registered Osteopaths

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## RHOSGOCH AND PAINSCASTLE TOTS GROUP

Greetings from Painscastle and Rhosgoch toddler group! The summer holiday timetable of outdoor activities was somewhat thwarted by extremely soggy Tuesdays, however, the walk across The Begwyns and trip to Cwm Byddog Woods went ahead with joyous enthusiasm.

On Tuesday 6<sup>th</sup> August, many children and their grown ups met on the Begwyns and walked across to the Roundabout despite the damp and dreary conditions. Our little adventurers donned their waterproofs and wellies and merrily scampered across the Begwyns until a much needed snack was consumed within the shelter of the stone circle.

On Tuesday 13<sup>th</sup> August, the children ventured to Cwm Byddog Nature Reserve. The nature reserve is located just outside Clyro on the Newchurch road and is described (by the Radnorshire Wildlife Trust - RWT) as a woodland dingle with veteran trees of international importance with lots of insect and small mammal activity. Suzie Fraser from the RWT met us there and had prepared a ladybird trail, a sensory search and a walk to the den for the children. Much fun was had in the beautiful, ancient surroundings including penny whistle music from Angharad! It was a magical morning, which meant the children (and many canine friends) were nicely tired out for the afternoon. We look forward to further adventures with Suzie in other local places of excitement such as Llanbwchlllyn Lake or Gilfach nature reserves. Her amazing enthusiasm for wildlife and nature is so inspiring for our little ones.

Thank you to everyone who joined in and supported the toddler group entertainment area at Painscastle Fete on Sunday 25<sup>th</sup> August. Apart from providing much needed shade, many of the committee members organised mask making, sand, tutu and headdress making, soft play, a baby corner and a lucky dip. All proceeds will be spent on future exciting projects for the children in toddler group.

We are now looking forward to getting messy and sticky with lots of craft and cooking activities with the theme of 'Wales' in preparation for the Rhosgoch and Painscastle Autumn Competitions. Come and join us!

We are a weekly playgroup meeting on Tuesday mornings between 9.30-11.30 at Painscastle Village Hall. We are very friendly and welcome new mums, dads and grandparents with babies or preschool aged children. Each session costs £2 or £1 for siblings. Children under 6 months attend free of charge.

The session cost includes a craft activity, healthy snack, lots of toys and 'ride-ons' plus tea or coffee for grown ups. We look forward to seeing you there!

Caz Phillips

Contact Sarah Emmerson 07931701840

Facebook - Rhosgoch and Painscastle Toddler Group

