

Rhosgoch Gossip

Volume 25 Issue 2

Nov / Dec 2019

£1

LOCALS RUN IN CARDIFF HALF MARATHON



Llandeviron girls: Phil, Shaz and Jenny took part in Cardiff half marathon on 6th October and Jenny raised over £1600 for Wales Air Ambulance after they needed it when her daughter Seren was flown to Morryston Hospital following an accident.



Ian & Diane [Meredith] Clark ran for NSPCC (£400)
Alistair & Carol [Meredith] Jones for Cancer research (£900), Nicola [Haines] Bynon.



Charlene Abberley, Andrew Ritchie, Phillipa & Colin Bagley after their run in the Cardiff Half Marathon.

RHOSGOCH YFC TRACTOR RUN



Lunch time hosts Tracy & Andrew Price with winner of best turned out tractor Geoff Pilliner from Al-lensmore



Y.F.C. NEWS

It was Kington Show once again and as usual we had many members competing to see if we could bring home the trophy 2 years running. We had many excellent entries; including Alisha Herdman winning the cake decorating, Harri Bird and Richard Meredith winning the market trader, Hannah Davies and Bethany Price both placing in the flower arranging, and many more great results. We came 2nd overall, unfortunately handing the trophy over to Radnor Valley for the year but I'm sure we'll have it back in no time.

Next it was time for Stockjudging Day hosted by Llanbadarn Fynydd. Jamie Farmer and Huw Kramer represented Rhosgoch YFC in the lamb and pig judging. Both did a fantastic job, Jamie coming 2nd and Huw coming 3rd in the placings.

Then it was the annual Inter Club Quiz at Penybont Village Hall. Rhosgoch sent three teams of our brightest members. Unfortunately none were able to place, perhaps caught out by a lack of knowledge of local rivers.

Not long after Field Day was upon us hosted by Llanbadarn Fynydd. Many members entered competitions, including Jamie Farmer, Harri Bird and Ed Evans getting stuck in at the Junior Fencing, as well as Jo Bagley, Sam Ritchie and Thomas Lloyd entering the Senior Fencing, Jo being the only girl to enter the fencing competition. Well done to everyone who entered competitions, especially Tom Davies and Joe Herdman for coming 2nd in Junior Fferm Factor.

A special thank you to everyone who helped with the various competitions for Kington Show, Stockjudging day and Field day!

The latest event in our calendar was the annual Tractor Run. Fortunately the rain held off for the day and we had a great turnout of 58 tractors and 2 cars. We would like to thank everyone who helped and supported the day, especially the Price family for hosting the lunch spot and the Ritchie family for organising the day.

www.facebook.com/Rhosgoch-YFC-100795621306758/

Sophie Protheroe.



TRIP TO CANADA by Sue Farmer

On the hottest day of the year I travelled to London (picking up my travelling companion en route) on our way to Canada for a wedding. Unfortunately I was coping with a foot problem and on our arrival at Heathrow the following morning asked for some assistance in navigating the airport. The staff were amazing and we were treated like royalty (I particularly enjoyed the buggy ride to the departure gate). Our trip was somewhat longer than a previous one – to Halifax, Nova Scotia, - as we had to fly via Toronto this time and then back to Halifax. We were eventually met by our host and hostess at 11.30 pm. It was a very late night as we had lots of catching up to do and several cups of tea to drink.

What to say about Canada? Well everything is BIG - distances, roads, trees, shops, shopping trolleys, helpings - but not all the people. I don't think Canada, particularly the East coast, is going to run out of trees or water any time soon. Most folks seem to have a boat parked in the yard (or moored on a nearby lake). Although we were there principally to attend the wedding of the eldest daughter of the family we were very kindly taken sightseeing on several days, including a fascinating visit to the Citadel, the fort finished in 1876 to defend Halifax. We had several visits to Costco (I think the equivalent of Bookers here) but which sold much much more variety of items. Also one memorable visit to the nearby Mall (at 9 o'clock one evening) to visit "Victoria's Secret" shop for new bras for some of the bridesmaids – and the bride. That was an education for those of us who live in the sticks!

However, the nearer we got to the wedding the more dire became the weather forecasts for the Saturday as Hurricane Dorian was moving up the east coast from the Bahamas. On the Thursday morning we were astounded to learn that the decision had been taken to bring the wedding forward a day. You couldn't do it here could you? The bride and her sister made numerous phone calls to suppliers. Her mother reorganised the en masse trip to the beauty salon for 8 bridesmaids, herself, grandma, us and of course, the bride and I spent some time ironing all 8 bridesmaids dresses (with my heart in my mouth). Amazingly all went off so smoothly on the actual day and it was definitely the right decision, as Dorian moved in with a vengeance on the Saturday morning. Halifax itself was badly hit by the winds (a crane was blown over in the the city centre) but the worst problem was a power cut that lasted from 2pm on Saturday to 5pm (just before we left for the airport) on Monday. All the cell phone towers were affected and many trees blown down, but, thank goodness, there was no loss of life.

The next daughter down is to be married in January 2020 and we have been invited back for that, but I have to admit the thought of packing to cover a winter trip is daunting. Watch this space.....

Go on Sue we're all waiting for the next instalment.

MACMILLAN COFFEE MORNING
Thank you to everyone who supported this year's coffee morning in any way.
Total raised £1,474
Jane Nicholls
Well done Jane, another magnificent effort

GARDENING CLUB PROGRAMME

Thurs Nov 14th Swinging 60s - Mike Watkins

Thurs Dec 5th AGM

All meetings at Rhosgoch Golf Club at 7.30pm. Details from Edwina Griffiths 01497-851284 or Pat Harley 01497-851632

FARM FOCUS

It's that time of year again, the loosing of rams to the ewes, 'the thought of lambing!' Never mind, with the helping hands of daughter Stacy and son-in-law Stu, we eventually get through this busy time. We try to lamb in two batches, the first due the second week of March. These are mainly Welsh Mules which have been put to the Charollais rams. The second batch are the Welsh ewes, which are gathered from the hill on the 19th October. They have been put to the Welsh and Blue Faced Leicester rams. These are due to lamb late March/April.

We also put some older ewes to the Suffolk rams and these are sold as couples in early spring. The hill ewes are turned back out in early December along with a couple of Welsh rams. All sheep are treated for lice and scab. The majority of lambs are sold on the fat, mainly at Talgarth and Hereford markets. To maintain our closed flock, we keep on some of the Welsh and Mule ewe lambs as replacements.

When the stock bull was ailing with arthritis, we thought this would be an opportunity to go out of cattle, but Austin just couldn't quite let go and along came 'Roger' the new bull. We have just started calving, - so far so good. These are generally sold at 12 - 14 months.

We had a good harvest, as the weather was kind. All silage is made into big bales together with big bale hay. Two fields of swedes have been put in. This provides winter keep for the lambs. Will it ever stop raining? The fern is still lying on the hill, waiting for a dry spell to bale it up. Austin said we should never have gone on holiday as we haven't had a dry day since we got back! I think he was only joking, as we had a lovely break cruising the Norwegian Fjords in the good company of Treena and Allan, Robert and Charmayne. A welcome break.



Dylan, our grandson, is a keen shepherd and has a small flock of Welsh Black Mountain ewes. He has had a good summer showing 'Amy' his Welsh Black shearling in the young handlers category at Brecon and other local shows. Maddie our 7 year old granddaughter is also trying to get in on the act. She has started showing another one of Dylan's shearlings and now has a Balwen lamb of her own.

Dylan and sister Jess have joined Pontfaen Y. F. C. We feel this will educate them to become good stock people and hope they will enjoy the many opportunities Y. F. C. have to offer.

Austin & Val Williams. The Pant, Bryngwyn.



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The Riding for the Disabled Association (RDA) is celebrating its 50th anniversary this year.

It was started in 1969 by a small group of people who realised the therapeutic effect horses can have on individuals. The organisation has since grown exponentially: there are now 500 individually run RDA groups around the country, providing support and fun for 25,000 adults and children with physical and learning difficulties including autism.

The benefits of riding and being with horses are clear to see. Not only are core strength, balance and coordination improved, but the calm and joy brought by our four-legged friends has a positive effect on all our riders. A great deal of pleasure can be derived from the ponies' big personalities!

Bryngwyn RDA was established 7 years ago in partnership with Bryngwyn riding centre. It has grown into a thriving group of happy users and volunteers, providing riding sessions on alternate Thursdays and Saturdays from February/March to November.

As well as riding out on the hills, the children have practiced for the Trefoil Countryside Challenge – a ridden course of obstacles and tasks. They were faced with challenges familiar to any countryside rider, such as going through a farmyard gate and crossing a bridge, along with a few challenges that few of us would have encountered ... I wonder how many of us have had to post a letter while on horseback! Needless to say, these challenges were great fun, while also developing balance, coordination and confidence.

This has been a very busy year, working hard to develop our skills at the riding centre and then showing these off at local events throughout the summer.

IN MAY

An amazing team of seven riders, four horses and ponies, and a group of volunteers, parents and carers went off to the regional Countryside Challenge competition. The team were well rewarded for their efforts, with Katie qualifying for the National competition in Hartpury!



Posting a letter in countryside challenge

JUNE

The Clytha Park Fun Day. A group of children, 4 ponies and volunteers went off for a day of gymkhana games, treasure hunts and quizzing with other RDA groups in the region.

We had a fantastic day (helped by the fact that the weather was kind!). This was topped off by Bryngwyn RDA being awarded the Joe Pringle shield for achievements this year.



A great day out at Clytha Park

JULY

Katie and Little Harry - accompanied by very proud parents and volunteers - went off to the Countryside Challenge Nationals at Hartpury. Katie smiled all the way round and came 6th, a great moment for all – Little Harry hasn't taken off his rosette since!



Team Bryngwyn



Little Harry admires his rosette

AUGUST

The group completed a 50km riding challenge in the beautiful hills of Bryngwyn, to celebrate 50 years of the RDA. There was also a fun packed afternoon of gymkhana games, a handy pony obstacle course, a hunt for golden horse shoes, arts and crafts plus lots of cake! The sun shone and everyone had a great time.



Rosettes for all at the Fun Day

We look forward to more fun and success next year.

If you wish to know more about The Bryngwyn RDA, are interested in volunteering or fundraising Contact details are tel 01497 851 360 Email: bryngwyn.rda@gmail.com For more information about the Riding for the Disabled Association log on to www.rda.org.uk

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CLYRO & HAY NEWS

CUSOP HISTORY GROUP

We held a very successful joint event on Sunday September 29th with Hay History Group in Hay Parish Hall with a pop-up museum and fascinating lecture by Tim Hoverd, Project Manager for Herefordshire Archaeology, on "Recent research into Marcher Castles in Herefordshire. We raised £187 for Hay Dial-A-Ride from refreshment sales served by WI and donations. For anyone who missed it we do have film of his talk so please get in touch if you would like to see it.

On Friday October 11th we enjoyed the illustrated presentation by astronomer Martin Griffiths on Medieval astronomy, "Stars in Their Eyes" at Cusop Church, raising £150 for Friends of St Mary's Cusop.

Our next meeting on **Friday November 15th** is our annual '**Research Meeting**' which will be held at **HAY PARISH HALL** at **7pm**. This is a popular evening when you have a chance to find out about the local research projects being undertaken by members of the group. **Please note change of venue.**

Saturday 7th Dec – WW2 themed concert with St Andrews Singers and soloist Jayne Darling. 2pm at Cusop Church with tea and cakes in the interval. Free but donations welcome towards the Hay and District Royal British Legion's Hay 75 WW2 Remembered.

Friday January 17th "Carousel: Herefordshire Life Through A Lens" film screening Cusop Village Hall 7pm. Following audience favourites 'Stories from the Hop Yards' and 'Chewing the Cud', this new Catcher Media film delves deep into the Derek Evans photographic archive from the 1950s-1970s to explore the county's enduring memories of the May Fair, Hereford United FC, Derek's Studio, music, rural life, childhood, Fownhope Heart of Oak Walk, and much, much more. "Spellbinding from start to finish" "The people telling their stories were utterly engaging and charming" "Funny, moving and enlightening and the photography is fantastic. What a brilliant resource, linking us to the past of Herefordshire

If you would like to be involved in research or would like to help the group with information, photos or enthusiasm, please contact us. Visit our website at <http://cusophistory.wix.com/cusop> to see the latest information, including the research and our photos of historical Cusop. Email us at cusophistory@gmail.com or call Sue on 01497 822523.

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Hay Youth Theatre

Hay Youth Theatre meets on Saturdays during term time at Cusop Village Hall at 10.30 until 12.30 for Juniors aged 7-11 and 1pm until 3 pm for Seniors aged 12-16. New members are always welcome. No experience is needed and it is wonderful to see everyone learn performance skills, make new friends and increase their confidence. For details call Janine on 07733 055430 or email haytheatre@gmail.co.uk For more information check our website www.haytheatre.co.uk

Good Old Variety Show

The HayDay Café is delighted to present the **Good Old Variety Show**, sponsored by the Lottery Community Fund, on **Saturday 23rd and Sunday 24th November at 4pm in Clyro Village Hall.**

The Variety Show will include song, dance, comedy, sketches, monologues and poems from Hay Community Theatre group of players. This will be an entertaining and fun event, dementia friendly and suitable for all ages. Tickets are £3 which includes refreshments. Available from Londis in Hay, Clyro Garage or from Sue Hodgetts on 01497 822523 or haydaycusop@gmail.com. Tickets will be popular so make sure you book early to avoid disappointment.

HayDay Café Clyro will be on Wednesday 27th November when we have poetry with Graham following a light lunch, 12.30-3pm.

On Monday 2nd December at 2.30-4pm, HayDay Café at Cusop Village Hall will enjoy Christmas festivities and then restart on Monday January 6th for tea and cake and a sing-song.

HayDay Café Clyro will not meet in December but will restart creative activities on January 29th with a light lunch, 12.30-3pm.

The HayDay Cafés provide a great opportunity for people on their own and particularly those living with dementia or memory loss, to enjoy each other's company and have some fun in a relaxed, friendly creative environment. If you would like to come along or know someone with memory loss who would like to try it, please contact Sue Hodgetts on 01497 822523. Transport can be arranged with a volunteer or Dial-A-Ride.

VILLAGE QUIRE

Lanterns Across The Snow

Christmas Concert with The Village Quire
This year The Village Quire bring you **Lanterns Across The Snow** ... a show based upon Susan Hill's delightful short story of the same title about childhood, Christmas and memory. Gorgeous harmonies and gentle storytelling sure to warm the cockles of the heart on any chilly December night ... but especially in the warm and cosy interior of the lovely Glasbury Methodist Church, Cwmbach on Saturday 21st December at 7.30 pm. Tickets £10 (£5 u18s) to include seasonal refreshments from 01497 847676. www.villagequire.org.uk / quintet@villagequire.org.uk

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Recycling every Monday, and the next rubbish collection dates are: **Nov 18th Dec 9th Dec 30th Jan 20th Feb 10th**
Garden waste is collected every fortnight on Tuesdays from April to November for an annual fee.: **Nov 12th 2019 March 3rd 2020**

CULINARY COLUMN

The Seven Stars Inn, Aberedw.

The great British pub is renowned all over the world as a place to get a tippie of choice, but also as the centre of village life. As a city girl one of the best things about having country children is that sense of them being part of a community. It is amazing to city folks like me that locals can just walk into the village pub and find someone who knows them to chat to for a whole evening. No coordinating of times and where to meet, you just turn up for a good night out! The importance of the local pub was shown earlier this year in Aberedw when a group of locals organised a community buy-out of the Seven Stars Inn after an application to convert the pub into a house failed. The last time we went to this pub we stood by the bar, waited for ten minutes and left again as no one came to serve us. That other stereotype of a country pub where you walk in the door and everyone stops talking to stare at you was still alive and well!

Now under new management the Seven Stars is incredibly welcoming and friendly. There was a nice mix of locals and people on holiday, and everyone was chatting round the bar thanks to the very sociable barman. I had a bang on trend rhubarb gin and followed one of the friendly suggestions to have it with ginger beer, which was an unexpectedly tasty combination. The Robinson's cider is a lovely pint and my Gentleman Friend has a soft spot for anywhere that serves it.

We ordered from the menu boards and sat down by the cosy wood burner. There were several inexpensive retro basket meals and you could have a good value family evening out with them. There is something to cater to everyone's tastes with a varied menu. I chose the Havana burger and my Gentleman Friend chose fish and chips. The Havana burger was perfectly cooked with crispy onion rings and melted cheese, and the fish and chips were faultless. All the puddings are homemade so we were tempted by the raspberry cheese cake and a fruit crumble with custard. The raspberry cheesecake was deliciously fruity and served with vanilla ice cream. It is the right time of the year for comfort-food crumble and it was a good one. I have to admit that it has taken me 10 years of trial and mostly error to make a good crumble: I think the secret is plenty of brown sugar, but for a simple classic pudding it seems surprisingly hard to get all the elements right!

The Seven Stars serves good food and a great pint, but best of all it is served with friendly smiles. Community spirit is an amazing thing in the countryside and this locally run pub is a great example of how rural communities can pull together and create something really special. I really hope this pub continues to thrive; we will definitely be back. Food **** Service ***** Value **** Atmosphere *****

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Spicy Mexican Bean burgers

Most of us now have that one vegetarian or vegan in their group who needs remembering when it comes to feeding a crowd, and these spicy bean burgers can be frozen and pulled out at short notice. Bean burgers have a tendency to come out rather bland, but this recipe has a bit of a kick to it and also pleased the carnivores present! You can add the spice according to your own tastes.

Ingredients:

2 tbsp olive oil
1 red onion, finely chopped
6 spring onions, thinly sliced
4 garlic cloves, finely chopped
1 large red chilli, deseeded and finely chopped
1 tbsp Cajun spice
3 x 400g tins mixed beans, drained and rinsed
1 large free-range egg, beaten
100g fresh breadcrumbs
Small handful of fresh coriander leaves, finely chopped
Juice of ½ lime
150g feta, crumbled
8 slices Monterey Jack cheese
Toasted burger buns, guacamole, rocket, chopped tomatoes and sour cream to serve

Method:

Heat 1 tbsp olive oil in a pan, add the onion and spring onion, season and fry over a gentle heat until softened but not coloured. Add the garlic, chilli and Cajun spice, then fry for 2-3 minutes. Tip into a bowl, add the beans and roughly mash.

Leave to cool slightly, then add the egg, breadcrumbs, coriander and lime juice. Season, then mix well to combine. Gently stir in the crumbled feta. Wet your hands slightly, then shape into 8 large burgers. Chill 4 of them in the fridge for 30 minutes.

Place the other burgers on a lined baking sheet. Open-freeze until solid, then pack into a plastic container, seal and freeze for up to 3 months.

To cook the chilled burgers, preheat the grill to medium. Heat the remaining oil in a frying pan over a medium heat, add the burgers and fry for 3-4 minutes on each side until golden brown. Top each with a slice of cheese, then transfer to the grill for 3-4 minutes until the cheese is bubbling and melted. Serve in toasted buns lined with guacamole, rocket leaves, chopped tomatoes and sour cream.

To cook the burgers from frozen, preheat the oven to 200°C/fan180°C/gas 6 with a baking sheet inside and preheat the grill to medium. Place the burgers on the baking paper-lined sheet, drizzle with olive oil on both sides, cover loosely with foil and bake for 25-30 minutes, turning halfway through. Remove the foil, cover each burger with a slice of cheese, then transfer to the grill for 3-4 minutes or until the cheese is melted and bubbling.

Taken from www.deliciousmagazine.co.uk/recipes/spicy-mexican-bean-burgers



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DATES FOR YOUR DIARY

Sun Nov 10th	Monthly quiz Rhosgoch Golf Club 7.30pm
Mon Nov 11th	A talk on 'Why Value Wildlife?' by Ray Woods at Painscastle Village Hall 7pm - 9pm
Fri Nov 15th	An illustrated talk on the History & Archaeology of the Radnor Valley at Walton Parish Hall 7pm Tickets £4 on the door.
Fri Nov 29th	Bingo at Rhosgoch Golf Club at 7.30pm
Sun Dec 15th	Christmas event for children and adults at Painscastle Village Hall from 4.30pm
Sat Dec 21st	Christmas concert with the Village Quire at Glasbury Methodist Church, Cwmbach. 7.30pm
Sat Dec 28th	Bryngwyn Children's party Rhosgoch Golf Club
Tue Dec 31st	New Year's Eve party Rhosgoch Golf Club

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CAROL SERVICE - to be arranged

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Dec 29th Communion Penny Robinson
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ERWOOD & PAINSCASTLE CHURCHES

Dear All,

During the season of Harvest we have brought forth the fruits of love, grace and joy and this prepares us for the more sombre notes of November. This time of the year gives us the chance to acknowledge the world of unseen things that complement our physical lives and live in our hearts to give us a different (and true) reality; a reality that centres around Christ's resurrection from the dead. **The Feast of All Souls**, on Saturday, the second of the month, is a time when we come together for a Eucharist to celebrate and commemorate the lives of the departed, many of whom we love and miss. This is an important celebration when we open our hearts to acknowledge the presence of our ancestors and also the angels who bring a touch of heaven to us in our lives. Associated with this is **All Saints Day**, which we will be celebrating on the following day of Sunday the 3rd of the month. The two celebrations are connected. The Feast of All Saints gives us strength in our individual sorrows to remember the Saints who have trod a troubled path before us - even to martyrdom, their footpaths have paved the way to make it easier for us to follow and thus we may readily call upon their help and intercessions for us. **Remembrance Sunday falls** the 10th of the month and reminds us that our capacity for noble sacrifice is an intrinsic part of our nature; at our very best, humankind is always truly Christ-like. November has prepared us for **Advent and Christmas** through showing us that much of our life on earth is bound up with thoughts of heaven and helps us understand that Christmas is not an escape away from worldly troubles and into a fantasy fairytale but it is the first step into the adventurous world of heaven's mystery that offers permanent and everlasting joys! Allow the story to fill your hearts. Revel in the images of the Angels appearing to the Shepherds and the Magi being led by the star for many months through the heat, cold and dust to pay homage to the babe who will change the world. The very spirit of the world was responding to heaven's call by lifting people's hearts in preparation for the birth of our Lord. This is also *our* story; the story of Emmanuel - 'God with us'. The Divine Babe is born to die, to know human suffering and after his Ascension he sends us God's Holy Spirit so he may live within us. We become the body of Christ and so, we are the Babe in the manger; always being born anew, often helpless but always divine and radiating the Christ light into the world. In this light, all our earthly troubles may then be seen as the shadow of a restless world that is searching for a new life of increased love, unity and fellowship. Think on this and you will always be carrying a prayer for those you love and those for whom Christmas may be one of pain and sorrow. This Christmas, there will be many children of God born to homeless families in stables, caves, hovels and makeshift shelters; through them the Christ-child is born again to redeem the suffering of his created world until we share his burden, realise our own divinity and turn our world to paradise once more.

*Glorify the Lord by your lives
and
the Blessings of the Christ-Child be with you
and those you love, in sorrow or in joy,
this Christmas and always. Father Paul.*

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**ERWOOD AND PAINSCASTLE SERVICES FOR
NOV/ DEC 2019**

10th November Remembrance Sunday

10:30pm Aberedw Remembrance Eucharist for the Fallen
10:30pm Llanbedr Remembrance Eucharist for the Fallen
2:30pm Moriah (Llandeilo joins) Remembrance Service

Monday 11th November Armistice Day

10:30am Crickadarn Memorial Service
10:45am Newchurch Memorial Service

17th November 2nd Sunday before Advent

9:30am Llandeilo Graban Eucharist
11:00am Gwenddwr Eucharist
3:00pm Llandewi Fach Eucharist

24th November Christ the King

9:30am Bryngwyn Eucharist
9:30am Crickadarn Eucharist
11:00am Aberedw Eucharist

1st December 1st Sunday of Advent

9.30am Llanbadarn - y- Garreg Eucharist
9.30am Gwenddwr Eucharist
11.00am Llandelio Graban Morning Prayer
11.00am Newchurch Holy Communion

8th December 2nd Sunday of Advent

9.30am Crickadarn Eucharist
9.30am Aberedw Eucharist
11.00am Llanbedr Eucharist
2.30pm Llandeilo Graban Afternoon Carol Service

Thursday 12th December

7.00pm Aberedw Evening Carol Service

15th December 3rd Sunday of Advent

9.30am Llandeilo Graban Eucharist
11.00am Gwenddwr Eucharist
3.00pm Llandewi Fach Eucharist

Tuesday 17th December

6.00pm Llanbadarn-y-Garreg Evening Carol Service

Friday 20th December

7.00pm Llanbedr Christingle Carol Service

22nd December 4th Sunday of Advent

9.30am Bryngwyn Eucharist
9.30am Crickadarn Eucharist
11.00am Aberedw Eucharist
6.00pm Gwenddwr Evening Carol Service

Tuesday 24th December Christmas Eve

6.00pm Aberedw Christingle Eucharist
11.15pm Newchurch Midnight Mass

Wednesday 25th December Christmas Day

9.30am Gwenddwr Nativity Eucharist
11.00am Llandeilo Graban Nativity Eucharist

Sunday 29th December 1st Sunday of Christmas

9.30am Aberedw Group Parish Eucharist
11.00am Llanbedr Group Parish Eucharist

Sunday 5th January The Epiphany

9.30am Llanbadarn - y- Garreg Eucharist
9.30am Gwenddwr Eucharist
11.00am Llandeilo Graban Morning Prayer
11.00am Newchurch Holy Communion

Sunday 12th January The Baptism of the Lord

9.30am Crickadarn Morning Prayer
9.30am Aberedw Eucharist
11.00am Llanbedr Eucharist

BRYNGWYN WI PROGRAMME

Mon Dec 2nd Mollie Moore Woollen & Ribbon Embroidery Meetings are held in Painscastle Village Hall, at 7.00pm, unless otherwise stated. Please contact Mollie Moore (851296) or Edwina Griffiths (851824) for more details.

OUTREACH POST OFFICES

Tuesday morning 10 am to 12 noon Clyro Village Hall
Wednesday afternoon 3 pm to 5 pm Clyro Village Hall

Wednesday afternoon 3pm to 4 pm Gladestry Village Hall
Thursday morning 9 am to 10 am Gladestry Village Hall

LLANDRINDOD WELLS MOBILE POST OFFICE

Monday Erwood 09.00-10.00
Boughrood 10.15-11.45
Llandefaelog Fach 12.45-13.30
Merthyr Cynog 13.45-14.30
Howey 15.15-16.30

Tuesday Howey 09.00-11.15
Erwood 11.45-12.45
Boughrood 13.30-16.00

Wednesday Boughrood 09.00-11.30
Erwood 11.45-12.45
Howey 13.30-15.30

Friday Boughrood 09.00-11.30
Howey 12.00-13.00

OTHER POST OFFICES:-

HAY ON WYE Open Weekdays 9am to 5pm Closed Tuesday afternoon. Saturday 9am—12 noon.

TALGARTH (In Co-op) Mon—Fri 9am to 5.30pm
Saturday 9—12.30pm

CARROT & WINE STORES, Whitney, incl post office
Mon - Sat 9am to 5.30pm Sun 10am to 4pm

LOCAL BANKING

NatWest Bank has a community Banker who visits Built Wells on Tuesdays 10.30am to 2.30pm and Hay-on-Wye on Fridays 10.30am to 2.30pm.

They aim to help and support with:

- * staying safe and secure online
- * making you aware of all the alternative ways to bank
- * supporting you with community educational events to help make you financially fitter

For more information get in touch with Greg Couch 07748-624582

On Fridays NatWest Bank Van also visits Built Wells from 10.30—11.30am and Hay-on-Wye from 12.15—1pm.

EDITOR'S NOTES

I hope you enjoy this edition of the 'Gossip'. Thanks to everyone who has contributed in any way to this issue. Special thanks for the suppliers of photos. Please continue to send articles, news and events, all comments are gratefully received. [mlloydlundu@outlook.com or 01497-851609]. (ML)

The Rhosgoch Gossip is available at Clyro Filling Station & Painscastle Farmers Buying Group. It is available by annual subscription (due in Sept), £6 for delivery in Rhosgoch, Painscastle and adjoining areas, £12 posted.

'The Rhosgoch Gossip' is not responsible for the contents in this issue. Articles are the opinion of the respective writers. All errors and omissions excepted (E&OE).

Old issues are put on the community website www.painscastle-rhosgoch.co.uk

The community website continues to reflect the local area. However, there are still gaps with some local groups not represented. If anyone would like to contribute in any way please get in touch either directly to the webmaster or to me at mlloydlundu@outlook.com

POWYS PRATTLES

by County Councillor James Gibson-Watt

'Oh, Not Another One!' – Brenda from Bristol's comment before the 2017 GE

By the time you read this we will be in the midst of yet another General Election campaign. Goodness knows what Brenda from Bristol thinks about it! The long-suffering people of Brecon & Radnorshire will be experiencing wall-to-wall political campaigning on every form of media, on the doorstep and through their letterboxes, just a few short months after the recent by-election. Sorry about that. To my mind the election is a last, desperate attempt by Parliament to deal with the 'nervous breakdown' that Brexit has caused Britain's political system. Whether it will work, who knows? But whatever the outcome, the potential threats to the health of our local economy and public services will remain. Farming and any industries reliant on trade with the EU are particularly vulnerable, as are the services my colleagues and I at Powys County Council are trying to sustain, as any slow-down in the economy will reduce the amount of money available to local government. A recent report by the well-respected National Institute of Economic & Social Research (NIESR) makes worrying reading. It predicts that the UK economy will grow (as measured by GDP) by 3.5% less than if we stayed in the EU over the next 10 years if we leave on Prime Minister Boris Johnson's preferred terms. The report found here - <https://www.bbc.co.uk/news/business-50219036> - explains my fears.

We county councillors are daily being told that, if the council and its services are to survive, on top of the spending reductions and a record 9.5% Council Tax increase imposed on you all this year, many millions of pounds more of 'savings' will have to be found next year and the year after that, accompanied by inflation-busting Council Tax increases. As the Leader of the Opposition, I am constantly saying that setting budgets based on current spending levels in each service area without having properly assessed whether those amounts are actually what we *should* be spending is the road to nowhere. I remain convinced that, with a budget of over £250 million and serving a population of just 135,000 people, we really ought to be able to manage to properly deliver the full range of services within budget, however dispersed that population is across this vast county.

By the way, you may have seen recently that the Welsh education inspectorate Estyn produced a highly-critical report into the council's education service. Estyn said what it has said several times before – the council provides poor strategic leadership and support to its schools, poor support to pupils with special educational needs and poor support to our most able pupils. Financial management of the school system leaves much to be desired. I must stress that this is NOT about the schools themselves, who continue in general to serve their pupils well across the county, despite the council's continued failings.

Please contact me anytime on 01497 820434 or 07971048737 or at cllrjgw@powys.gov.uk James

ASSEMBLY NEWS

The strength of our communities in Brecon & Radnorshire never fails to inspire me. Recently I attended the Mid Powys Mind Showcase Event for Side by Side Cymru Peer Support. This project recognises the invaluable role of peer support to support mental health and to tackle the problems of social isolation and loneliness. One gentleman at the event movingly described the terrible loneliness he felt after losing his wife and how, with support, he went on to set up a "Men's Shed" Group in his local village which was doing really well in providing support to a number of people in the area and also helping this gentleman with his own mental health.

There are already many organisations who are providing peer support to people, without necessarily realising that they are doing it: Mother and Toddlers Groups, Gardening Clubs, Craft Clubs etc. These voluntary organisations are hugely important in ensuring that people in our rural community have the opportunity to meet, socialise and sustain friendships.

The Side by Side Cymru Scheme can offer support and advice to people running, or setting up a group to provide peer support and they can also provide discretionary small grants to these groups. If you would like any further information please get in touch with the Office and we will be happy to pass on contact details.

An excellent example of an essential community service is Hay & District Dial-a-Ride which is celebrating 25 years of invaluable service to the local community. Last week I had the opportunity to have a short journey on one of the buses and to meet a number of the passengers. The life experiences of the different passengers on the bus could not have been more different, but they were having a good chat on the bus and the atmosphere was akin to a party! This organisation not only provides essential transport but also ensures that people are able to get out of the house, not only for appointments and to do basic things like visit the bank or collect shopping, but also to socialise and to see friends and neighbours. As one passenger told me, for them the service is literally a lifeline.

I cannot remember our country being so divided and therefore our community organisations are more important than ever. Whatever our politics and our views on Brexit, we are above all humans and all have more in common than what separates us; meeting up and talking in person can really help to tackle these divisions.

As ever, please get in touch at Kirsty.williams@assembly.wales or on 01874 625739 if I can be of assistance at any point.

COMMUNITY COUNCIL NEWS

Chairman, David Nicholls, Castlefield Close
Vice-chairman, Sian Powell, Lletycoed
Jenny Smith, Penrhiw
Becky Miles, The Cwm
Iris Lloyd, Caemawr
Andrew Ritchie, Castle Brook
Bruce Evans, Lower Pentre

Meetings are held on the 3rd Monday of the month. Agendas and minutes for meetings are posted on the notice boards in Painscastle, Rhosgoch and Llandeilo Graban. Clerk: Marion Hughes, Waun y Pentre 01497 851628 Minutes are also on the Painscastle-Rhosgoch website: www.painscastle-rhosgoch.co.uk



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LOWER PENGARTH

Robert and I are new to Painscastle but not new to the area. Thirty-five years ago, when I was a young and foolish Londoner, I bought a small house in Huntington, on the road down to Gwern-y-bwch. Nobody said it out loud, but presumably everyone thought, 'She won't last'. But last we did. We got married in Kington, had two children, continued to live in London and abroad, and finally retired.

Meanwhile our daughter, who loves this area more than anywhere in the world, took up residence in the house in Huntington. She now teaches in Clifford school and is a keen participant on the Wales and Borders Counties trotting circuit. To us, she is Elizabeth, to others Liz Collingwood. Her horse, for those who follow the races, is Llwyn's Mercy.

I grew up in Ireland and am not really a town person. We had been hoping to move out of London for some years, but my elderly mother lived nearby. We could neither move her, nor leave her. By chance, Lower Pengarth came on the market soon after she died. We were then able to sell our London house and move here, arriving on 15 August. The house is perfect so we will do very little to it, other than unpack our boxes and get started on the farm and garden.

Robert used to be an architect and is now a potter, so he is looking forward to working in Viv's studio and doing a little work on the barns. I worked in publishing and museums, and am now involved with the Sidney Nolan Trust outside Presteigne. Between that, and researching a book, I will be growing vegetables and riding my horse Snowball, a retirement present from Elizabeth. She and her partner Jonny James will do the real farming. They have already put in some store lambs and are eagerly awaiting the arrival of a small herd of British White cattle. There won't be any huge changes to the land or general layout as not much is needed, but we will be planting more trees and thickening hedges.

Robert and I will operate on an amateur level, with some chickens and a couple of pigs. We are experimenting with names for the pigs. I fancy Thelma and Louise, but then we might not be able to eat them. We are also on the look out for a terrier pup from a good family, by which I mean a family with a nice temperament not an impressive pedigree.

Everyone has been very welcoming - Graham and June, Colin and Phil, Mo (a familiar figure from Penybont races) and all the people we met at the Local History evening at the end of August. Roger and Viv have been perfect, endlessly kind and helpful. We hope to care for the house and farm as well as they did, and look forward to making new friends in Painscastle.

Lucy Trench and Robert Collingwood, Lower Pengarth

Pilates Emma



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Class times

Monday 9.30am - Booth's Bookshop Studio, Hay
Monday 2.00pm - St Peter's Centre, Peterchurch
Tuesday 9.30am - Eardisley Village Hall
Tuesday 6.15pm - Booth's Bookshop Studio, Hay
Wednesday 9.30am - Painscastle Village Hall
Wednesday 6.15pm - Clifford Community Centre
Friday 9.15am - Booth's Bookshop Studio, Hay

My classes last for one hour, are suitable for all ages and fitness levels and are charged on a pay as you go basis. If you are interested in any of the above classes please call me on 07702 241725 or emma@pilatesemma.co.uk www.pilatesemma.co.uk

Heart Energy Immersion Day Workshop

24th January 2020 Hay-On-Wye Larchwood Studio, Raquety Farm
29th February 2020 Hereford Hereford Centre for Natural Therapy

This one day workshop is combined with one or two, one-to-one or distance healings, and is a journey of discovery, deepening the honest, knowing of who we *really are*, without some of the 'stuff' or baggage that we all carry. Becoming more comfortable with who we are brings a level of freedom difficult to imagine. The aim of this intensive day is to release some of this deeply held baggage. Incredibly, the intelligence of the energy determines, exquisitely, what is best for each person, leaving tailor made space for them to explore. Also available as a corporate workshop, bringing inner freedom to staff meaning it is easier for them to reach their potential and ultimately increase your bottom line, with happy, balanced and content staff.

A mix of group healings, visualisation, exercises to deepen your tangible sense of your Heart energy, grounding and a sound bath, all make this a deeply rich and intense day. Tea, coffee and lunch are included.

Workshop + one healing £175 Workshop + two healings £230. For further information please use contacts below:-
www.juliegoodridge.com 01497 851764 07749 391714

Food For Thought

My great grandfather, grandfather for my mother, the late Rosie Lloyd, was James Nunn (1844-1924). He was born in Ashdon, Saffron Walden, Essex into a farming family and community. However, his future did not lie in agriculture. He trained as a teacher at Bangor Teacher Training College. Later he met his wife Mary Ann, also a teacher, and together they taught in Gloucestershire, Upper Hill, Leominster and The National School, Llandeilo Graban where they lived in School House. They came to Llandeilo Graban some time between 1891 and 1901 and appear on the census as "Cert. School Master" and "Cert. School Mistress." By 1911 James had retired and his wife Mary Ann is recorded as "Cert. Teacher" with her daughter Catherine (my Granny who many of you will have known as Katie Gwillim, Blaenhow) as an "Assistant Teacher." After retirement they lived at Sycamore, Erwood and their last resting place is St Mary's Church, Crickadarn.

In my possession I have a very small notebook that belonged to James Nunn where he recorded many random facts as well as various quotations. So, here are a few to give you "Food for Thought." There may be more in another Issue.

"A wise man must do at first what a fool must do at last".

"A woman's tongue is her sword and she does not let it rust".

"He loseth nothing who keeps God as his friend".

"In the end things will mend".

"A handful of common sense is worth a bucket of learning".
Cherry Williams

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CARTREF CARE HOME

On the 1st and 3rd Friday every month, from 3.30pm until 4.30pm, Cartref Care Home, Brecon Road, Hay on Wye, has tea and chat afternoons. All welcome.

On the 3rd Friday of every month there is a short informal service 3pm to 3.30pm which is led by the Pastor and friends from Bethesda Evangelical Church in Hay. Everyone (all ages) is very welcome.

For further details Tel: 01497-820621

HAY & DISTRICT DIAL-A-RIDE

Vacancies on the Board of Trustees

Applications are invited for Trustees/Directors posts for our local community transport charity, which covers Hay and the surrounding areas.

These voluntary roles will participate in the strategic direction and compliance of the scheme.

We are looking for a **Treasurer** a **current service user** people with **financial and fundraising expertise**

All appointments are made subject to a range of checks and declarations.

For an application pack or an informal chat please call 821616

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Christmas Carol Service
3pm Wednesday
11 December

Join the Monday Choir for our annual carol service. All welcome! St Mary's Church, Hay

Entry £4.00 including tea and mince pies

In aid of Hay & District Dial-a-Ride
Enquiries to 01497 821616



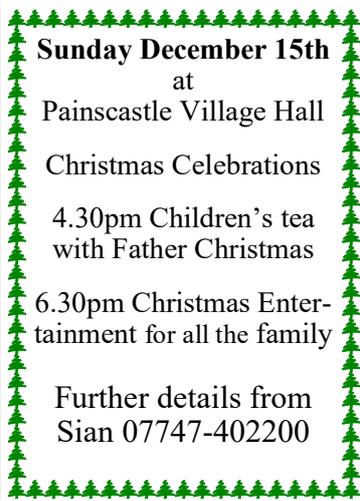
Sunday December 15th
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Christmas Celebrations

4.30pm Children's tea with Father Christmas

6.30pm Christmas Entertainment for all the family

Further details from
Sian 07747-402200



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LOCAL LIBRARY TIMES

Hay on Wye Library Monday 10am – 12.30pm & 1.30pm – 3pm.
Tuesday & Wednesday closed.
Thursday 10am – 12.30pm & 1.30pm – 3pm.
Friday 1.30pm – 6pm. Saturday 10am – 12.30pm.

Brecon Library Monday 9.30am – 5pm.
Tuesday 9.30am – 6.30pm. Wednesday closed
Thursday / Friday 9.30am – 5pm. Saturday 10am – 1pm.

Builth Library Monday / Tuesday 10am - 1pm & 2pm – 5pm
Wednesday Closed. Thursday 9.45am – 1pm & 2pm – 5.45pm
Friday 10am – 1pm. Saturday 10am – 12.30pm

Llandrindod Wells
Monday, Tuesday & Wednesday 9am – 5pm.
Thursday 9am – 6.30pm. Friday 9am – 5pm.
Saturday 9.30am – 1pm

Talgarth Monday closed. Tuesday 3.30 – 6pm
Wednesday 9am – 11am. Thursday closed
Friday 2pm – 5pm. Saturday 11am – 1pm

Mobile Library bus comes on third Tuesday of the month

PAINSCASTLE MOTHERS' UNION NEWS

A small club or branch usually folds when no member wants to serve on the committee or commit to a leadership role. I am very pleased to say that at our AGM on 8th October 2019 our officers were all willing to stand and were re-elected. Mothers' Union in Painscastle is here for another year! Our programme of meetings for the winter months is also in place.

Mothers' Union works towards Christian care for families and funds are raised for Safe Houses and Faith in Families. This year our branch has bought new underwear and sleepwear for the Safe Houses and made a monetary collection for Faith in Families.

Each Mothers' Union branch in the Diocese of Swansea and Brecon is linked with another in the same diocese. Our Painscastle branch is linked with St Barnabas's, Waunarlyydd, Swansea, in the south. This year St Barnabas's Mothers' Union celebrated their 90th birthday with a flower festival. Three members from Painscastle were delighted to attend. The church was filled with arrangements depicting lines from the hymn "All Things Bright and Beautiful." It was a happy and colourful occasion and we were pleased to be invited to join in the celebrations.

Future Dates:
12th November – Deer Farming, Kate Shaw
6th December – Christmas Dinner at the Roast Ox
7th January – No meeting
19th – 21st February – Wave of Prayer, Llanbedr Church
You are always very welcome to join us for our meetings on the 2nd Tuesday of the month at 7.30pm at Painscastle Village Hall

Fran Shaw 01982 560480

ENGAGEMENT ANNOUNCEMENT

19th September 2019 While on holiday in Belek, Turkey Jessica East said yes and plans to marry Stuart Snedden next year.

Congratulations xx



CONGRATULATIONS

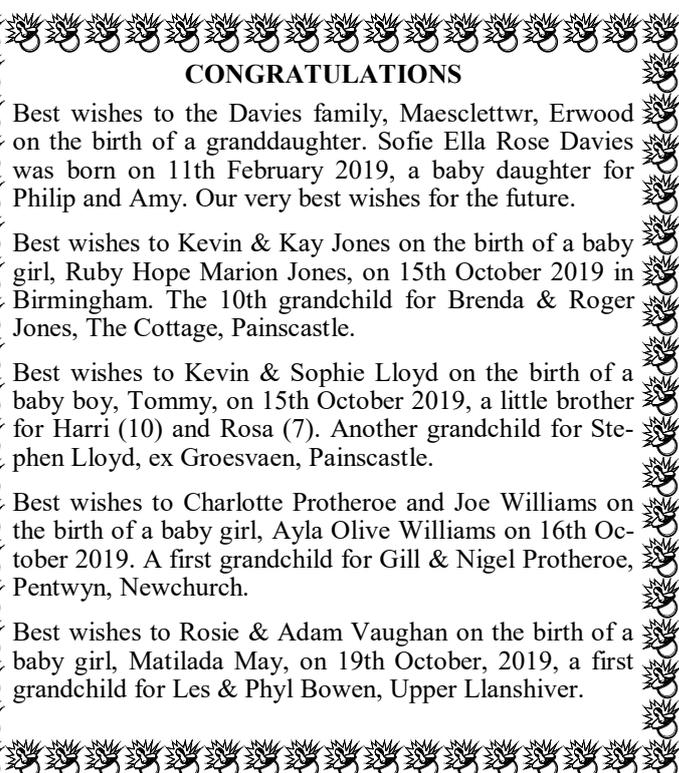
Best wishes to the Davies family, Maesclettwr, Erwood on the birth of a granddaughter. Sofie Ella Rose Davies was born on 11th February 2019, a baby daughter for Philip and Amy. Our very best wishes for the future.

Best wishes to Kevin & Kay Jones on the birth of a baby girl, Ruby Hope Marion Jones, on 15th October 2019 in Birmingham. The 10th grandchild for Brenda & Roger Jones, The Cottage, Painscastle.

Best wishes to Kevin & Sophie Lloyd on the birth of a baby boy, Tommy, on 15th October 2019, a little brother for Harri (10) and Rosa (7). Another grandchild for Stephen Lloyd, ex Groesvaen, Painscastle.

Best wishes to Charlotte Protheroe and Joe Williams on the birth of a baby girl, Ayla Olive Williams on 16th October 2019. A first grandchild for Gill & Nigel Protheroe, Pentwyn, Newchurch.

Best wishes to Rosie & Adam Vaughan on the birth of a baby girl, Matilada May, on 19th October, 2019, a first grandchild for Les & Phyl Bowen, Upper Llanshiver.



GLADESTRY POP IN CAFE

Come along to the Pop in Cafe at Gladestry Village Hall every Monday morning 10 -11 o'clock
Enjoy tea/coffee and friendly company.
All welcome. Entry £2. All proceeds to local charities.

LIFE AT LUNDY

I am sure you are aware that Mikey who wrote his diary in the Gossip sadly died in July. As he and his renderings seem to have been missed by our readers, I will try and do a column from 'The Lundy', and for want of a better name I thought to call it Life at Lundy. At the moment, I am not sure who will be up for it, no-one is likely to have such adventures as Mikey, but I hope to be able to persuade or threaten a few of the characters that call Lundy their home. So for this issue I will start by introducing the dogs that live at Lundy and see if they can write something to keep our readers amused! After considerable persuasion, and in order of age, the three sheepdogs have agreed to have a go. Joe is the oldest dog, so he will begin with his story. Joe is really a grumpy old man, I suppose every home has to have one and Joe fits the bill! Gyp is three and a half and likes to think she is a princess, she looks at the humans with appealing eyes and hopes for the best. Sweep is Gyp's baby, he is now over a year old, although very rarely does he act it. ML



Joe's story:- I have been at Lundy for a long time and now Mo has this nonsense idea that I should write a story about me and my work. I am the only real worker at Lundy, I do all the shepherding although sometimes others try to

interfere. I remember when Mikey was a youngster, he used to come and help with the sheep; he did sometimes get in the way but he usually tried to follow me. I told him I was the expert! Nowadays Gyp does sometimes help and to be honest I have got quite used to her helping me as she likes to drive close up behind the sheep and I really enjoy being on the flanks and keeping them going the way I think they should. I suppose it is my maturity which now allows me to share the work with the sheep, [although Mo says it is because I am getting old and tired!] One of my main jobs is to guard the quad. When it is parked, I lie beside it just to make sure it doesn't set off on a sheep mission without me. I don't ride on it, although I do like a ride in a truck. We used to have a white farm truck in which I would ride to the field, where work was required, but like most of the other vehicles it seems to have got too old to move, so we are only left with the quad. I mostly work with Ken, although I don't usually bother with all those commands that Mo taught me when I was a youngster. Ken does shout commands, but I usually know what to do, as long as he will open the gates for me to bring the sheep through I can

manage. Of course sometimes Ken wants to do silly things with the sheep, and then he starts asking questions like, why don't you listen? I don't really want to listen, I think it is much more fun to do my own thing! That is when the shouting gets more intense, but he usually gives up in the end, I think he needs to leave it to me, and the sooner he realises it the better for all of us!

Gyp's news:- I am a brown sheepdog, everyone says I am very beautiful, so it must be true! I like to follow Mo around, but I am not allowed in the house, although I do try and sneak in sometimes. That was one thing I thought was not fair - Mikey used to live in the house with Mo and Ken, now that he is no longer with us you would think that I could go and live with them. However, Mo says it is because my beautiful long coat gets very dirty with the farm mud, so that I must live in the pen with Sweep. Mo gave me shepherding lessons and I do love working with the sheep although sometimes I find her instructions a bit confusing. Joe is also beginning to let me work alongside him, although he likes to think he is in charge. I don't find this a problem, we girls understand that the boys like to think they know what they are doing! I love a ride on the quad, I don't mind if I stand on the step or sit on the front of the seat, it is all great fun and it saves my energy. Just over a year ago a whole load of puppies arrived, they were very demanding, wanting feeding all the time. Most of them have moved away now, except for Sweep who is still here.



Sweep's thoughts:- I am the youngest of the sheepdogs. I am one of those in the picture above, I have grown a bit since then. I love sheep but I am not sure what to do with them. Mo tries to give me lessons and it is all good fun. I also play with Gyp, my mum, and Joe although he is very grumpy and usually growls at me. However, I don't take any notice - I just run off and look for something else to play with. I like Abbie, but she doesn't like it when I try to jump up and give her a kiss, but I am only being friendly! Sometimes we all go for walks, Mo usually has me on a lead because I get confused when I see things that I would like to play with, like sheep or vehicles. If Abbie comes she can lead Gyp, because Mo says Gyp is gentle while I am wild. I don't think it is any fun being gentle, I love buzzing around leaping about and chasing the odd chicken etc.

I am not sure if we are expected to write something for you every time, but I will try and remember when we do exciting things like when I wander up to the Lodge to see the foreigners who come to stay. They come in all shapes and sizes from big Alsations, so Mo says, to Terriers and all colours black, white, brown even spotted, but Matthew's fence means I can't get in to help them with their food—if only I were the same size as Mikey!

Bye for now. If there is any news from the Lundy next time, perhaps Mo will find someone else to write for you. J, G, & S.



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AUTUMN COMPETITIONS 2019

Once again the competition was a great success with 362 entries. All sections were entered well. Thank you to all who competed and all craft club members who helped run the show, also to Eric, Robbie, Alice, David and Jeremy who helped with setting up and clearing the hall.



Big thank you to our judges: Val Morgan - Handicrafts, Pam Goodwin - Cookery and Pauline Spode - Children Section.

Also thank you to James Gibson-Watt for present-



ing the cups and prize money.



Cup Winners:

Mrs G Jones Cup- Pre school- Thomas Maddy
 Mrs T Herdman Memorial Cup- Primary School Age- Charlotte Lewis
 Ruby Bagley Cup- Open- Gaynor Price
 Clyro Court Cup- Grandparents- Joint winners Phyllis Jones and Cherry Williams
 Mrs Val Price Cup- Craft Club- Joint Winners Gaynor Price and Gwyneth Gore
 Grace Davies Cup- Men Only- Daniel Price
 Estyn Meredith Cup- Best 5 Welsh Cakes- Daniel Price
 Sheila Meredith Rose Bowl- Best Floral Exhibit- Bethany Price

Autumn Competitions
 Saturday 17th October 2020
 Theme: Seaside
 Winter Schedule

Open

1. Jar of Chutney
2. 5 Pieces of Homemade Fudge
3. A Sea Creature Any Medium
4. Handmade Birthday Card Any Medium
5. Photograph of the Seaside with a caption
6. A Seaside Postcard
7. A Picture depicting 'The Seaside' Any Medium
8. My Favourite Souvenir from the Seaside
9. One A4 side short story title "A day at the Seaside"

Grandparents

1. Jar of Jam
2. An item using sea shells
3. My Favourite Fridge Magnet
4. A Ball Any Medium

Men Section

1. Coastal Photograph
2. An Item made from String or Rope
3. A Piece of Drift Wood

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RHOSGOCH CHAPEL

Out of Africa

The Chapel's Mission Sunday was a very special event. We were very pleased to welcome Penny Williams for a very moving presentation showing the sacrificial work being done by African churches to provide education and support for some of the poorest of the poor in Uganda and Kenya. The children themselves were wonderful - boisterous, fun-loving and very joyful in their faith. As for the full family services - an explosion of fun and happiness.

Penny also shared some very touching and powerful stories of the healings they saw as ordinary people trusted God to meet their needs.

It is very touching to see people who get by with next to nothing enjoying life and experiencing God's miracles. Some members of the Chapel congregation were moved to tears at the realisation of how we take for granted all the things we have.

The presentation ended with a song in Swahili and a sale of lovely bead jewellery made by the children of the two schools that were visited. Our picture shows Penny and Ifor with some of the jewellery.



Sankey at Rhosgoch Chapel

Organised by Enid Edwards, with glorious music and song from John and Annis Jones with Sarah Butterfill and John Meredith on the Chapel organ, this year's Sankey service at Rhosgoch Chapel was a great success. A combination of sing-along hymns and bible readings to make you think, the Sankey service is something special as it captures the pure joy of the Christian experience.

Rhosgoch Chapel sees the Sankey as a time when the congregation can be lifted up, and we are so pleased that John, Annis and Sarah bring their melodic ministry to our church.



Back row: John and Annis with Sarah
Front row: Secretary Carol, Organiser Enid and Minister Geof

Macmillan at Rhosgoch Chapel

There's no doubting the success of the Macmillan Coffee Morning all

over the UK, and Rhosgoch can hold its heads high for its contribution to that success. A very busy morning with brisk sales led to a grand total of over £320— much increased on last year. Special thanks go to Carol, Ruth, Doreen, Val and Geoff for their help on the day, Jane for her contribution of her knitted goods, Gaynor, Iris and Maggie for their cakes, and, of course, all those lovely people who turned up to buy things!

Pictured during the Morning are (from left: Evelyn, Margaret and Grace). They are enjoying a cuppa while checking out some of the wide range of donated merchandise on sale during the morning.



Chapel secretary Carol says, "It's due to the very generous spirit of local people that our morning continues to do well - it's such a good cause."



Christmas Bingo

Friday 29th November
2019

at

Rhosgoch Golf Club

Eyes down 7:30pm

In aid of St. Michael's Church Bryngwyn



Radnorshire Wildlife Trust

Why Value Wildlife?

Talk

by

Ray Woods



Monday 11th November

Paincastle Village Hall

7pm - 9pm

Admission £2

Refreshments available

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Christmas carols Rhosgoch Chapel

EVERYONE WELCOME



Sunday 15th December at 2.30



PAINCASTLE GROUP OF PARISHES

CHRISTMAS SERVICES 2019

Carols & Christingle Service:

Llanbedr - 7pm Fri 20th December. Mince Pies & Mulled Wine

Christmas Eucharist: Bryngwyn 0930 Sunday 22nd December Followed by Mince Pies & Mulled Wine (or tea/coffee!)

Midnight Mass: Newchurch - 11.15pm 24th December - Christmas Eve

Also: Bryngwyn Church Children's Party Sat. 28th December

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RHOSGOCH AND PAINSCASTLE TOTS GROUP

It has been a busy autumn at Tots with lots of new faces joining in with the fun. Much of the craft carried out this term was in preparation for the Craft Club Autumn Competitions. Each week the children busied themselves making dragon heads from toilet rolls, paper plate Welsh dolly faces and salt dough love hearts. Thank you to everyone who entered the pre school competition and congratulations to Thomas Maddy for winning the Mrs G Jones Pre School Cup for the second year in a row! Da iawn Thomas.

As well as the crafts mentioned above, the children have loved playing with some of our new toys such as a police car ride-on, lots of Duplo and a train set. Thank you to the community for these kind donations. The rest of this term will be focused around winter and Christmas.

Toddler group runs in term time on Tuesdays from 9.30 – 11.30am in Painscastle Village Hall. For £2, your child can have lots of fun playing, crafting and singing as well as having a healthy snack. The kettle is always on and friendly faces are in abundance! Please come along and join us!

Contact Sarah Emmerson 07931701840

Facebook - Rhosgoch and Painscastle Toddler Group

Caz Phillips

