Rhosgoch Gossip

Volume 28 Issue 6

Jul / Aug 2023

£1

A TRIP TO THE PALACE

On the 15th May, local former Gwernyfed pupils, Hannah Davies (Lane farm), Lewis Ball (Rhosgoch) and Cameron Lewis (Bronydd), attended Buckingham Palace Gardens to celebrate receiving the Gold Duke of Edinburgh Award.

We had a lovely afternoon soaking up the atmosphere. There were two military bands playing and some inspiring guest speakers. We were given tea and cake and a speech from HRH the Duke of Edinburgh.



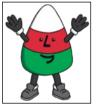


SUCCESS AT THE URDD

Llongyfarchiadau i dri o bobl ifanc yr ardal leol

Congratulations to three youngsters from the local area

Lowri Davies, Chris Farmer, Ellis Davies, along with Nye Turner from Talgarth, competed at the Urdd National Eisteddfod in Llandovery on the 31st May,



having won the Sir Brecheiniog a Maesyfed (Breconshire and Radnorshire) qualifier earlier in the year. They acted out a 'Theatrical performance of a script' in Welsh and did this with great character and confidence – no doubt helped by their participation in Rhosgoch YFC's recent entertainment success.

It was so exciting to see them called to the stage for being in the 'top 3', all live on S4C TV, and then announced as the winners!! Much credit must go to Gwernyfed High School's Head of Welsh, Miss Lloyd, who has encouraged and supported many pupils to compete at the Urdd Eisteddfod.



BRYNGWYN RIDING FOR THE DISABLED GROUP

Great excitement is building at Bryngwyn Riding for the Disabled (RDA) Group as preparations are underway to take two riders to the RDA National Championships at Hartpury on Sunday 16th July. The Championships are the highlight of the RDA year for many RDA participants as they offer a chance to compete against the very best riders from some of the other 467 RDA Groups that run across the UK.

Local rider, Amy de Sarigny, qualified for the Countryside Challenge at Pencoed College in May on her birthday, which made her day very special. Amy will take part in the Challenge on a cob called Harry Johnson, who has been a long-standing part of the RDA Team at Bryngwyn Riding Centre. In the

Countryside Challenge, riders must ride through a course of 12 obstacles that are similar to those you would meet on a ride in the country, such as opening a gate safely or posting a letter. They are judged on their ability to follow complex instructions and maintain a good riding position. whilst keeping their horse under control, which can be tricky in a competition environment. Amv said



that she is excited to take part, but also a little bit nervous though she knows that Harry will help her out and will hopefully not eat the flower displays!

In new developments, another rider from the RDA Group is taking part in the Endurance competition this year. The hills around Bryngwyn have given us the chance to practise and Hollie Hodges from Kington, riding Bryngwyn Bracken, is looking forward to participating in the 1km challenge. Hollie has only recently moved to riding Bracken and is still getting to know him, but she is looking forward to the challenge of taking him to Hartpury.

The Team at Bryngwyn are super excited to be going to the Championships, especially as this will be their first year back after the COVID pandemic. Coach Becky Webb said, 'As a coaching team we feel it is such a privilege to support our amazing riders to take part in the Championships. We are so fortunate to have access to the fabulous horses at Bryngwyn Riding Centre, who we are sure will give their best at the Championships on the 16th July.'

Contd on next page:

1



If anyone would like to come and support Amy and Hollie please let us know, or if you would like more information about Bryngwyn RDA Group, please email Bryngwyn.rda@gmail.com or visit our Facebook page, or go to ridinginwales.com/rda. We would also like to take this opportunity to thank all our local supporters who give their time, energy and funds to make what we do possible!

OREN TREE SURGEONS

I will be moving to Llyswen with my family shortly and am looking forward to joining the community and introducing my business to a new area.

I was born and brought up in Pencelli near Brecon where I attended Brecon High School before going to Sheffield University to study Countryside Conservation. I then continued my education in Guildford where I obtained all my ar-

borist qualifications. My working life as a tree surgeon has taken me to Norway, Germany, Austria, and in this country to London, Bath and Monmouthshire.

We have bought The Rectory in the village and our two young sons will be attending the local school. We are going to be very busy doing renovations to the property before we finally move in over the summer, so please come and say hello if you're passing.



GLADESTRY'S NEW PLAYGROUND



Work has started on the new playground at Gladestry with the opening ceremony due on July 15th.

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RHOSGOCH & PAINSCASTLE CRAFT CLUB

Craft Club went for a summer trip to Hampton Court, Leominster.

We started the day with a very interesting guided tour of the house which is actually 100 years older than Hampton Court in London. It is now run as a business and is a stunning venue for weddings.





It was then time for dinner which everyone thoroughly enjoyed sitting outside in the sun.

Once everyone was fed and watered we then had a stroll around the beautiful gardens and water features, as well as getting lost in the maze!

Before we left, we all decided to treat ourselves to an icecream to end a very enjoyable day which was had by all.







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GARDENING CLUB NEWS

Our speaker at the May meeting was Meriet Duncan, or The Queen Bee. Meriet is an author, speaker and beekeeper. She gave a very interesting and entertaining talk which engaged us all from the start. Rather than the usual slide presentation, Meriet punctuated her talk with beautiful illustrations on cards, and brought a real hive which she assembled while explaining how the bees use it. She told us lots of fascinat-





ing facts about honeybees. II Did you know that a honeybee lives for around six II weeks, three weeks in the hive and three weeks foraging, and in her short life she will make a twelfth of a teaspoon of honey?

Meriet is passionate about bees and she is keen to protect them and highlight their importance. In addition to her public speaking, she has written books for children and she brought copies

of 'Betsie Valentine And The Honeybees' and 'Betsie Valen-

I tine And The Honourable Honey-I bee'. These were eagerly purchased by several members. If you are looking for a speaker for an event I would highly recommend Queen Bee for audiences of any age. We I had a record number of questions at the end of her talk, and a high number of entries in the Room Competition, the theme of which was Some-Ithing Made Using Honey or Beeswax. Meriet not only judged the entries but gave feedback on each too. The top three were – Rosemary



Lally, Grace Davies and Sylvia Illingsworth. For more infor- goch Golf Club, when our speaker will be Mo Lloyd who will website: mation visit Meriet's please www.mdthequeenbee.co.uk

We had another very enjoyable speaker at our June meeting. Bob Burson is an explorer and an extraordinary gen-Itleman. In the course of

his many travels and expeditions, he spent time in Uganda and now raises money to help Ugandans to build some of the basic structures we all take for granted – schools and I toilet blocks to name but I two. He gives talks about his travels, and at the I meeting told us of an ex-I pedition he undertook with a paralysed friend.





Against the odds they rafted down the Colorado River, through the Grand Canyon. The background to how this adventure came about was fascinating, and the logistics involved in making the trip were very complex. But they did it, and we found the talk both inspiring and moving. Bob judged our Room Competition – "Five important items in a rucksack" - and gave informed feedback on his choic-

es. The top three were Syliva Illingsworth, Gaynor Dennis and John Cooper. Gaynor Price and Joan Hughes were given special mentions. We hope to invite Bob back to tell us about more of his adventures.



Our next meeting will be on Thursday 13 July at Rhosbe "Walking with History", and the Room Competition is "A Decorated Flowerpot". Doors open 7pm for a 7:30pm start. The 19th Annual Flower and Vegetable Show takes place on Thursday 10 August.

We are always keen to welcome new members; for more information please contact Edwina (Chair), Pat I (Treasurer) or Allison (Secretary).

Pilates Emma



Pilates lengthens and strengthens the body whilst improving your flexibility, balance,

Pilates every Wednesday in Painscastle village hall at 9.30am.

I will continue to offer pre-recorded classes via email or private Facebook group as well as a weekly timetabled Zoom class.

Pilates Emma:

Monday 9am Booths Studio Hay on Wye Monday 11am Booths Studio Hay on Wye

Tuesday 9.30am Booths Studio Hay on Wye plus Zoom connection

Tuesday 6pm Booths Studio Hay on Wye Wednesday 9.30am Painscastle Hall Wednesday 6pm Clifford Community Centre Friday 9am Booths Studio Hay on Wye

Online Pilates Emma continues

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IN YOUR GARDEN

The arrival of 'high summer' means a general calming in growth and birdsong. Quieter songsters can be heard now that the louder blackbirds and thrushes have begun their diminuendo. Lazy sounding yellowhammers and wheezy greenfinches call from within hedgerows, whilst skylarks continue their complex and exuberant song from above. Insects provide a gentle background hum, demonstrating the sheer abundance of life in the countryside,

Or at least it should be abundant. The more visible insects such as butterflies are having a very poor season. The early ones like holly blue and orange tip did reasonably well, but the summer ones such as tortoiseshell, peacock and red admiral are few and far between. This is undoubtedly true of insects in general this year: the overall numbers are low. At risk of being repetitious, it is vital that we all play a part in our gardens to encourage them: small areas and verges left uncut, insect friendly plantings, woodpiles in the corner.

Whilst us gardeners never complain about the weather (!), it has been a tricky winter and spring. Many of the more tenders or fussy plants have succumbed, leaving the tougher ones to fight it out. One such mainstay is nepeta. There are many species, the usual and best being the catmint, Nepeta x faassenii. This is a long lived perennial, in flower all summer and into the autumn. There are several varieties, such as Six Hills Giant, but the standard one is hard to beat. It contains nepetalactone, the inhaling of which induces a release of endorphins in many cats. This means that some cats (usually next door's) will sit on top of the plant to get its high, while others (your own) will harmlessly curl up underneath, and have an hour or two of quiet bliss. The photo shows nepeta growing over an ugly retaining wall, alongside geranium Johnson's Blue.

Deadhead bedding to encourage continued flowering. Cut two or thee buds back on repeat flowering roses to encourage strong new flowering growth. Sow salad leaves and spring onions for continuity. Oriental veg such as winter radish and pak choi are best sown now, and it's not too late for a sowing of carrots and beetroot. All these can take the place of early crops such as broad beans and peas. Keep beans and courgettes picked. Make sure you pinch out all the side shoots on tomatoes, and cut cucumbers before they fully swell; this ensures the plants will go on setting fruit.

And just relish the sheer peace and pleasure that your garden can so easily bring.

May the yellowhammers be with you (their numbers have fallen alarmingly in recent years).

John the Gardener



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LIFE AT LUNDY



The author - Sweep

I told you last time about Matthew's carpentry skills, well he seems to have gone wood mad! First he built a shed up at the lodge, well he probably didn't build it, I think he just knows a man who can, or two or three who will! His latest endeavour has been to replace the corral that he

built on the hill to hold the rubbish bins. It has been looking decidedly more dilapidated all the time, although Mo tried to tie some string around the wood to hold it together. Not sure that Matthew appreciated her practical skills! However, he is now putting up a proper rubbish bin depository, or so he says. This is so that the bins are protected from the outside. Maybe they are shy and they don't like cars staring at them when travelling along the road; it will also help to protect them from the wind so they don't get blown away in a storm.

Matthew even made a framework outside the house door. I didn't know what it was for but Abbie had asked for some monkey bars. I haven't seen any monkeys using

them, but maybe they are afraid to come out when I am about. I do like sitting outside their door watching events. Abbie loves the bars - she climbs up and swings along and now Paige follows and of course Conor thinks he can do the same. It is far too energetic for me! Although Mo tells me that some sheepdogs are very good at agility and run through things and over jumps, I think I will stick to a fence now and then if I feel so inclined.



The week before last Mo and Ken disappeared, they went on holiday. When they came back I asked Mo if she had enjoyed her adventures. She said it was very good. They went for a ride on a boat on a canal, and for a ride on a train. All was good she said until they were trying to come home and the navigator got lost, which meant that they all got lost! So Ken is now saving up for a new map as the one they had was 15 years old and he says some of the roads weren't even marked on it!

Pam disappeared last week, apparently she went with Lindsey to Ibiza for a 'hen do' or was it her '40th', it probably doesn't matter and they probably can't remember in any case. A 'hen do' is a girl being silly for the last time before she gets married! Well Lindsey got married two years ago, so how does that work? It is also two months since she was 40 so I think they must work on old calendars as well as old maps. Or is it the usual case of rules are made to be broken?

Last week it was time for the Lundy sheep to take their coats off, I thought it would have been better if they had done it a few weeks ago when it was very hot, but what do I know? I'm only a dog, and I don't go near anyone with clippers.

Sweep



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GWENDDWR CARNIVAL, SHOW & SPORTS

Saturday 29 July 2023 at 2pm

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Marquee – sheep – ponies – dogs –
carnival - sports – stalls - FREE
bouncy castle – bar –
refreshments

Fun for all the family!

Schedules 01982 560356

https://www.facebook.com/GwenddwrCarnivalAndShow/





PAINSCASTLE BUS SHELTER

Donations for Bracken Trust, Llandrindod, welcomed:- used postage stamps, old currency, coins and notes, both British and Foreign, as well as old bras.

CONGRATULATIONS

Congratulations and best wishes to all the family of Wilfred Leonard Mullier, born 12th May 2023, a second child for Amy Haines & Tom Mullier of Exeter. A brother for Joshua aged 4yrs. Another grandson for Mark & Helen Haines, Upper Cwmgwannon, Clyro.

Congratulations to Jo Bagley & Jeff Jones on the birth of their first child, a little girl born on 23rd June 2023. Her name is Olivia Ruby Jones, a first grandchild for Colin and Phillipa Bagley and a great grandchild for Ruby Bagley, Lower Pengarth.

Best wishes to all

U3A HAY

Upcoming meetings/outings:

Tues July 18th - Garden Party - Secret Garden, Brook Street, Hay 12-2pm. Bring a plate of food to share and a folding chair. Drinks provided. (In case of wet weather we will have an under cover alternative). *Members Only*

Tues Aug 15th - Coach outing to Powis Castle, pick up from Glasbury (Free coach for members - please register your interest asap as seats are on a first come first serve basis)

U3a Trust

June marks Loneliness Awareness Week and this year the theme is connection.

The u3a movement brings together people with time to spare in local, online and national communities where they develop their interests and learning. For people struggling with loneliness or hoping to make new friends, it can make a huge difference.

Sam Mauger, CEO of the Third Age Trust, says, "The u3a brings people together so that they can find new communities and new friends. For those times of life when we struggle and feel alone, when we have moved to a new area, or have been bereaved or newly retired and are looking for a new beginning, the u3a is a place to start."

There are 1,000+ local u3as across the UK where members can join specific interest groups to explore diverse topics. There are also online activities - both locally and nationally - which can connect members who may not be able to attend face-to-face meetings. For more information see https://www.u3a.org.uk/events/educational-events



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IN THE REAR VIEW MIRROR

I had driven this stretch of the M1 every month for a couple of years. Back from Head Office in Sheffield down to home in the wilds of Northamptonshire. It was quite a haul at the end of a usually demanding day full of meetings. But at least there were decent views in that direction and, not being on quite such a tight schedule as when going up through the morning rush, I could ease off and enjoy some of them with less traffic blocking my sightlines. There is a stretch going down towards the Leicester turn off which I had always looked at with interest. Lots of densely packed pine trees, and different wild flowers along the edges depending on the season. I had very very rarely spotted a couple of muntjac in the edges and once a much larger deer a bit further back, though at the speed I was passing, the shadows in the forest and my lack of knowledge, I had no real idea what sort it was.

So imagine my amazement when, after one particularly hassly Friday's meetings while driving gently down the inner lane through the trees to try and recover some sort of equilibrium, I spotted several deer just at the edge of the tree line, then in my rear view mirror spotted two large roe deer hop over the fence onto the verge, followed by two smaller ones and finally a definite infant which managed the leap under mum or dad's watchful eye. At which point the whole family pranced across the motorway and disappeared towards the trees opposite and out of vision of my rear view and wing mirrors.

To say my jaw had dropped is an understatement. And, ok, I had been able to slow down as no traffic was close behind me, but stopping on a hard shoulder other than for an emergency was a no-no. But I did pull into the next service station and whilst paying for my petrol mentioned what I had seen.

"Oh the fence must be down again. I'll ring Bert." "It's not something surprising then?" I asked.

"Nah, happens loads of times. Bert'll go and sort it but he never bothers until someone complains. Got enough to deal with with his own farm animals."

At which point she handed me my change and turned to her next customer. So that was that. I felt rather deflated. My amazing, wonderful bit of nature reduced to Bert's dodgy fence. Ah well.

And then I went to Canada to visit friends. For part of my time I took a coach trip through the Rockies and like everything else in Canada, the various deer-type beasts I saw crossing the road through the rear view window were much, much bigger than my M1 family, culminating in an entire family group of moose. But then my abiding memory of Canada is just how huge a country it is — lovely, warm, welcoming, friendly, interesting, but just overpoweringly vast.

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PAINSCASTLE LOCAL INTEREST GROUP

On the last Thursday evening of May we visited Llanddewi Fach church and the Cwm farm. We were made welcome by the Bowkett family and enjoyed a lovely summer's evening appreciating the views down the Bachawy valley. The church, dedicated to St David, is one of the most remote in Wales, with the only approach across a field. This is an ancient site, could it have been an early Christian site of an hermit, maybe a disciple of St David himself, who died in 601AD? The church would not always have been so remote, there are many abandoned farmsteads in the area and even the footprint of an ancient village within a mile.



The church, like many others, was re-built in the Victorian period and so retains very little from the previous building. However, it does retain a friendly character, including a homely fireplace on the north wall. After looking around the churchyard, where the grass had been trimmed by Ross Bowkett in readiness for the event, the group made their way to the Cwm farmhouse.

This was built around 1700 and had been the vicarage at one time. Yvonne Bowkett showed people around and provided refreshments to conclude a lovely community evening. Donations of £124 were divided between the church and MacMillan Cancer Support in memory of Geoff Bowkett, a much missed husband and father.

Our June visit was to Moriah Baptist Chapel, Penbryn, where Margaret Evans related some of the history of the building. The original chapel was established in 1830 by the Methodists, but there is no record of what it looked like. It was replaced in 1884 by the present chapel and it has had many upgrades since.



The next visit is to Colva church on Thursday July 27th 7pm

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Rhosgoch and Painscastle

Autumn Competitions

Saturday 21st October 2023

Painscastle Village Hall

Open for Entries 9:30am until 10:30am

Open to the Public at 2:30pm

Entry for Competitions Free

Prize Money 1st £3, 2nd £1.50, 3rd 50p

Competiton Theme- 'In your Garden'

For more information please contact Gaynor Price on 01497851243

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A DISTRICA

Hay & District Dial-a-Ride

VINTAGE AFTERNOON TEA

Here at Hay Dial-a-Ride we would like to request the pleasure of your company at our Vintage Afternoon Tea on Friday 14th July 2023 at Cusop Village Hall. Come and enjoy a delicious afternoon tea and a good chat with friends, with all profits going towards our vital transport service. There will also be a raffle and a competition for the best decorated hat so get creative! Tickets for the event cost £12 and will be available from our office until Monday 10th July (open 9am to 12pm Mon–Fri). Tickets are being sold on a first-come, first-served basis so pick up yours quickly to secure a place. The tea is open to everyone and we are offering free transport for our members.

MEMBERS' BENEFITS

Considering becoming a member? With all our membership benefits, there's every reason to sign-up. For only £10 a year, we offer our members a free monthly Bank Bus to Brecon, shopping trip to Hay and free social trips. We can get you to hospital and medical appointments and pick-up and deliver prescriptions to your door. We also offer free transport for carers and a quarterly newsletter so you can keep up to date with all our latest goings-on. For this and so much more, give Lou a ring in reception to request a membership form or you can download one from our website.

UPCOMING EVENTS

Friday 7th July- Brecon Bank Bus, £0

Wednesday 12th July- Old Railway Line Garden Centre,

Three Cocks, £0

Tuesday 18th July- Llangorse Lake and Café, £0 Saturday 29th July- Plant Stall, Butter Market, Hay

Give Lou a ring in reception if you would like to book a place on any of the above.

Hay Dial-a-Ride:

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phone: 01497 821616

You can also find us on Facebook.

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SOME DATES FOR YOUR DIARY			
Sat Jul 29th	Gwenddwr Show		
Fri Aug 11th	Aberedw Wheelbarrow Race 6pm		
Sat Aug 12th	Aberedw Sports & Mini Show 2pm		
Sat Aug 24th	Erwood Show		
Sun Aug 27th	Summer Festival at Rhosgoch Golf Club 2pm		
Sat Sept 2nd	Hundred House Show		
■ Mon Sep 4th	Talk by one of the motor cycle volunteers		
	who transports blood between hospitals.		
ı	Painscastle Village Hall 7pm. All welcome.		
Sat Sept 9th	Kington Show		
Sat Sept 16th	Murder Mystery Evening Erwood Market		
	Hall at 7pm		
Fri-Sun Sep 29-Oct 1 Red Dragon Horse Endurance Festival			
Sat Sept 30th	Llandeilo Graban Open Church with After		
	noon tea. 2pm		
Sat Oct 21st	Rhosgoch and Painscastle Autumn		
	Competitions Painscastle Village Hall		
Sat/Sun Nov 18/19 Variety Concert at Erwood Market Hall			
<u> </u>			

HERMON CHAPEL RHOSGOCH

SERVICES EVERY SUNDAY AT 2.30pm September—Sankey Service October 5th Harvest Service

PAINSCASTLE BAPTIST CHAPEL

Sun Jul 30th United Service with Rhosgoch & Moriah Rev Sue Lawler 2.30pm
Sun Aug 13th ANNIVERSARY 6.30pm

MORIAH BAPTIST CHAPEL,

Sun Jul 9th
Sun July 23rd
Sun July 30th
Sun Aug 13th
Sun Aug 27th
ANNIVERSARY 6.00pm
Ruth Hargest
Joint service at Painscastle
Rev Misha Pederson
Rev Steve Wallis

EBENEZER CHAPEL, NEWCHURCH

A warm welcome extended to all, at any of these services. Sun Jul 9th 3 pm Led by Mr Peter Jennings,

musical items: Gareth and Grace

Sun Aug 13th 3 pm Mr Gary Cable

EDITOR'S NOTES

I hope you enjoy this edition of the 'Gossip'. Thanks to the many people who have sent contributions in. We now have several regular features, our gardening column, Vicar's stories, Coffee Break items, as well as the usual update on local groups and clubs. For the first time we feature cartoons - I hope you enjoy them.

We are always looking for pieces large or small to make this a good local read.

I would like to thank our delivery team for their outstanding efforts. Deadline for next issue [July/Aug 2023] is 31st August 2023. [mlloydlundy@outlook.com or 01497-851609].

Subscriptions are £6 from September each year for local delivery, £12 if posted, or pick up a copy from Clyro Filling Station, Boughrood Shop, Erwood Station Gallery, or Gladestry pub. Payment can be by cash to your local delivery agent or direct to me, or cheque or BACS. For more details please email me mlloydlundy@outlook.com.

Articles are the opinion of the respective writers. All errors and omissions excepted (E&OE).

ERWOOD & PAINSCASTLE CHURCH SERVICES
Sun Jul 0th Fifth after Trinity

Sun Jul 9th Fifth after Trinity				
: 9.30am	Llanbadarn	Eucharist		
11.00am	Llandeilo Graban	Eucharist		
Sun Jul 16th Sixth after Trinity				
[□] 9:30am	Bryngwyn	Eucharist		
[□] 11:00am	Crickadarn	Eucharist		
Sun Jul 23rd Seventh after Trinity				
9:30am	Gwenddwr	Eucharist		
11:00am	Llanbedr	Eucharist		
Sun Jul 30th	Eighth after Trinity			
: 10:30am	Llanbadarn	Eucharist		
₿ 6:00pm	Aberedw	Eucharist		
Sun Aug 6th Ninth after Trinity				
□ 10:30am	Aberedw	Eucharist		
[□] 2:30pm	Llandewi Fach	Eucharist		
Sun Aug 13th Tenth after Trinity				
9:30am	Llanbadarn	Eucharist		
11:00am	Llandeilo Graban	Eucharist		
Sun Aug 20th Eleventh after Trinity				
: 9:30am	Bryngwyn	Eucharist		
□ 11:00am	Crickadarn	Eucharist		
Sun Aug 27th Twelfth after Trinity				

God bless you and those you love. Paul and Carolyn XX

Gwenddwr

Llanbedr

Eucharist

Eucharist

Father Paul Keown. 01982 560823 frpaulkeown@mac.com

KILVERT WALK 30 JULY 2023

The 25th Annual Pilgrimage will be on 30th July this year.

Assemble at Newchurch 10am (leaving for Bryngwyn 10.45).

or join at Bryngwyn 12 - 1pm (Recital/BYO lunch), at Ireland 3 - 3.15, at Llanbedr 4 - 5pm or at Llandewi Fach for closing Evensong at 6pm.

The main feature will be the Harp Recital at Bryngwyn by renowned Welsh Harpist Eleri Darkin.

Full details will be on www.gladestry.org

"OPEN CHURCH"

With Afternoon Tea SATURDAY 30th SEPTEMBER 2023 2 p.m.

St. Teilo's Church Llandeilo Graban

Registers Records etc. on view Local Vintage Car display Artists and local crafts



9:30am

11:00am

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Erwood 9.15 to 10am Boughrood 10.15 to 11.45am

Tuesday Boughrood 10.30 to 11.45 Erwood 12 to 12.45

Painscastle 1 to 2pm Gladestry 2 to 3pm

Wednesday Boughrood 10.15 to 11.45 Erwood 12 to 12.45

Clyro 12.00 to 2.30 pm

Friday Boughrood 10.15 to 11.30am Gladestry 12.50 to 1.50pm

GLADESTRY NEWS

GLADESTRY SHOP & PUB

The shop and pub are open:-Tuesday & Wednesday 5.30 pm to close Thursday & Friday 11.30am - 3pm, 5.30pm to close Saturday 11am to close Sunday 12 noon to close

Tel: 01544-370586 for bookings

Further details: http://gladestry.org.uk/

Clyro Village Hall HayDay Creative Café at Clyro Village Hall

HayDay Creative Café meets at Clyro Village Hall on the last Wednesday of the month at 12.30 until 3pm. This is open to anyone, with or without carers, who would like to come and have a light lunch, a good chat over a cuppa, some entertainment/activity and a sing-song. This is FREE although donations are always welcome. Transport can usually be arranged with Dial-A-Ride.

See our website https://haydaycusop.wixsite.com/hayday , email us on haydaycusop@gmail.com or call Sue Hodgetts on 01497 822523 if you or someone you know would benefit.

The Spirit of Clyro Café is also open every Wednesday in Clyro Village Hall from 11-3 for tea/coffee and cake in a warm friendly environment (except for the last Wednesday of the month when HayDay Café takes place) along with the Post Office from 12-2.30pm.

The Spirit of Clyro Pop-up Pub is now a regular monthly occasion on the last Friday of the month from 6.30-11pm at Clyro Village Hall

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PAINSCASTLE RECYCLING & RUBBISH COLLECTION

Recycling is collected every Monday, rubbish collection is every three weeks and the next dates for rubbish are:

Jul 24th Aug 14th Sept 4th Sept 25th

Bulky Waste Collections are available on a **Tuesday.** To pay, see Powys County Council website.

Garden waste is collected every fortnight on Tuesdays from March to November for an annual fee:

July 4th July 18th Aug 1st Aug 15th Aug 29th

"MORE TEA, VICAR?"

Having recently retired as a Baptist Minister, I thought I might regale you with a few stories that have made me smile over the years. The stories come from a different part of the country, and any names have been changed to avoid embarrassment.

I was taking my second ever funeral and, being young and inexperienced. I was feeling quite daunted and nervous. Luckily I was in the capable hands of a very competent family firm of Funeral Directors. Reg was nearing retirement and had trained up his son Ralph to continue in the family business. On this particular occasion Ralph was taking the lead, and Reg was there giving moral support. As we walked out to the graveyard for the burial, Ralph was following behind, leading the coffin and the family, and Reg was walking alongside me. Reg and I took up our positions on the far side of the grave, and turned to face Ralph and the family. And then it happened... out of the side of his mouth, like a ventriloquist hardly moving his lips, Reg told me the funniest joke I'd ever heard. For me to burst out laughing at that particular moment would have been totally inappropriate, but trying to keep a straight face was so difficult it was almost physically painful.

When it was all over and the family were moving away, I rounded on Reg and hissed, "What did you do that for?" "Well," he said, "You have to be prepared for anything in this job, so I thought I'd test you out. By the way – you passed!"

Some years later, Reg and I were taking part in another funeral, and this time it was him being tested. We were receiving a coffin into the chapel the night before the funeral. It was a cold, wet evening, and the family were already seated in the chapel, waiting for us to arrive with the coffin. Reg and his driver turned up with the hearse, having collected the coffin from the hospital mortuary, but as we were putting the coffin onto the trolley, we noticed the name on the plaque wasn't quite right. I don't remember the details, but it was something like Mary Elizabeth Williams, when it should have been Mary Edith Williams. It was the wrong coffin.

"What are we going to do?" I said. Reg quietly thought for a moment and said, "We'll have to go back to the mortuary and get the right coffin. Just tell the family we've been delayed, but we won't be long."

Calm as a cucumber, he got back in the hearse, and I have to say, in all my years in ministry, I have never seen a hearse move so fast. In what seemed no time at all, he was back with the right coffin, but what the locals thought, if anyone saw that hearse speeding through the village and breaking all the speed limits, I dread to think. As we walked slowly and sedately into the chapel, no-one would ever have guessed.

Rev Ifor Williams

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NEWS FROM WESTMINSTER

Warmer days over the past month have ushered in the season of country fairs, and it has been wonderful to have been able to get to a number of them already, the spirited Llanbadarn Fynydd Annual Show being one which I have to say did culminate in some hat shopping, with many more to follow, including the Hay Summer Show of course.

Some big Radnorshire news, I am delighted to say that the Radnor Arms Hotel Community Group have prevailed in their application to the Levelling Up Department's Community Ownership Fund to the tune of £240,000, and I commend their valiant efforts, community spirit, and the significant works completed to date. After closing in 2016, the pub was purchased by a Community Benefit Society made up of local residents and business owners. The group plans to refurbish the pub and restore it to its former glory and having met them, seen their determination and pressed their case to anybody who would listen, I look forward to following the progress which flows from this award.

I was greeted with a packed barn at the Fedw Equestrian Centre the week before last for a meeting on Welsh Government Proposals to add pheasant and red-legged partridge to Part 1 of Schedule 9 of the Wildlife and Countryside Act 1981 in Wales, giving an anti-shooting Welsh Government the power to restrict their release and therefore shooting across Wales. I was left with no doubt as to the passion felt by all that the Welsh Government have no business interfering in this traditional way of life which supports Brecon and Radnorshire both economically and environmentally, as compellingly argued by the panel, including representatives from the National Gamekeepers Association, Countryside Alliance Wales, and the Hand at Llanarmon - whom I thank again for their expertise and help in organising.

Another really important meeting on water quality this month; a good roundtable with Welsh Water where I pressed again the importance of restoring our glorious rivers Wye and Usk in particular. Following up on the same case I made with the Environment Secretary in Hereford last month, I once again called for a task force to investigate sources of pollution and tackle them, particularly storm overflows. With the Wye flowing from Wales into England and back again, cross-Government and agency work is something that I think would be beneficial.

It was great to see so much engagement on and offline around this opportunity to champion the importance of Welsh agriculture, especially to Brecon and Radnorshire.

Fay.Jones.MP@parliament.uk or 02922 338545

COMMUNITY COUNCIL NEWS

Chairman, Bruce Evans, Lower Pentre: 01497 851259 Vice-chairman, Becky Miles, The Cwm: 01497 851263

Sian Davies, Lletycoed: 07747 402200

David Nicholls, Castlefield Close: 01497 851331

Jenny Smith, Penrhiw: 01982 560289 Iris Lloyd, Caemawr: 01497 851639

Ollie Price, Pen-y-felin, Rhosgoch: 01497 851608 Russell Bowkett, The Fferm: 01497 851233

Clerk: Marion Hughes, Waun y Pentre 01497 851628 Minutes are on the Painscastle-Rhosgoch website:

www.painscastle-rhosgoch.co.uk

Meetings are held on third Monday of every month.

NEWS FROM WELSH ASSEMBLY

As I sit down again to write this month's column, our fantastic Welsh summer weather gives me an opportunity to reflect on some of the up and coming community events which are being organised by members of our community.

The summer brings a very busy period for rural communities in Brecon and Radnorshire. Many of us begin to prepare for the summer show season, the harvest and of course the Royal Welsh Show in Llanelwedd.

The shows across our communities provide us with a great opportunity to showcase the very best of rural life and what our rural communities do to protect and enhance our heritage, language, and community life.

It's important to reflect on recent Welsh government policy which proposes the regulation on the release of game birds in Wales. This could have a hugely damaging effect on jobs, livelihoods and the vital conservation work being done to enhance ground nesting bird populations and to reverse declining curlew populations. As we look ahead, this is a perfect opportunity for communities across Wales, with people from all walks of life, to come together to protect some of the most important cultural attributes, which have supported local communities for hundreds of years. Despite summer recess fast approaching, I remain committed to supporting my constituents and the people of Wales, with whom this matter resonates the most.

An area which I know many of you care about is the lack of affordable homes across Wales and I'm concerned about the lack of house building for families that is happening across our communities. I have asked, repeatedly, for the First Minister and the Minister for the Environment to set out a time scale for when they will address the phosphate regulations within my own constituency as this is stopping not just private housing developments but also new council house developments as well.

I am continuing to campaign in Cardiff Bay on the issues that matter most to you and ensuring that we are putting the people's priorities first - Health, Housing, and the Economy. Without all these key areas working in tandem with each other, we cannot have the prosperous vibrant country we all want to live in.

As always, my major focus is on the people in our area you are my priority. So, if you have any issues or problems, then sure to drop me an email james.evans@senedd.wales

James Evans MS

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NEWS FROM POWYS COUNTY COUNCIL

20mph Speed Scheme

The County Council has started the process of implementing the 20MPH speed limits in areas currently covered by 30MPH speed limits and the one 20MPH speed limit outside the old School in Rhosgoch.

The proposals are:-

- 1. To revoke the 20mph speed limit by the old school in Rhosgoch and make it the same 40mph limit as in the rest of the village.
- 2. That part of the 30mph speed limit on the road leading into Painscastle from Clyro is retained with a 30mph limit and that the 20mph limit starts around the top of the pitch, 10m before the unclassified road meets the road on the right.

The Council will now start the process of publishing and consulting on the individual Traffic Regulation Orders (TROs).

Broadband Scheme

Unfortunately, the company "Broadway Partners" who were implementing the Broadband Scheme for the area has gone into administration and the majority of the works have stopped. The administrators have advertised the business as a going concern and expressions of interest were due to be submitted by the 23rd June. At this time, it is unclear how all the areas Broadway were work-

At this time, it is unclear now all the areas Broadway were working with in Powys will be affected, but following a meeting on the 30th June I am more hopeful for the Painscastle area than I was before that meeting. Hopefully I will know more by the end of July.

Leisure Services Review (Scrutiny Group)

This council group has met twice and to date we have reviewed some of the data that the review team is collecting and we have started to consider the scope of the review.

The council has published a consultation document to gain an understanding of the leisure activities undertaken by the people of Powys, and I would encourage all that can to respond to the consultation. The consultation document can be found at: https://www.haveyoursaypowys.wales/powys-leisure-review-2023

Planning

I continue to sit on the group developing and reviewing the Local Development Plan, with the initial public consultation on the revised plans being delayed until Spring in 2024.

Highways

The authority has completed the consultation on the Winter Service Review and the outcome of the consultation is due to be reported to the cabinet in the near future.

Wind Farms

As one of the local councillors that will be affected by the Wind Farm and proposed new electric pylon line, I will be attending a meeting with Bute Energy's community team in respect to the community benefits scheme that they are committed to establishing.

Although not directly affected, I will ensure that neighbouring areas such as Painscastle CC are included if it is agreed that the benefits can be extended to a wider community area.

Consultations

There are a number of consultations currently being undertaken by the Council and other Public and third sector bodies. The details of these consultations can be found at:

https://www.haveyoursaypowys.wales

The main current consultations are:-

Local Housing Market Assessments - Consultation to gauge the public view on the location, number, type and size of new housing developments in the authority. **Consultation Closes** on the $10^{\rm th}$ July.

Do you have a minute — The Council is requesting feedback on how to improve its services to individuals and our communities.

If you wish to raise or discuss an issue with me, you can contact me on my mobile (07464) 166262 or via my two e-mails Teddyllanyfelin@me.com and

Cllr.Gareth.Jones1@powys.gov.uk

BROADBAND UPDATE

For those of you who haven't heard, we were dealt a bitter blow at the start of June when we learned that Broadway had gone into administration. Many of you know how long we have been on the case, trying to bring better connection speeds to the community. We started our quest several years ago, and we had made significant progress with Broadway, receiving over 70 "voucher pledges" for funding. BUT we aren't stopping! I am writing this having just had a meeting with representatives from 6 of the other communities in Powys that were also working with Broadway. We are banding together to create a steering group that is going to talk to several of the key players, such as BDUK, Broadway's administrators, the Welsh/UK Government, and so on.

In the meantime, Broadway is hoping to find a buyer, and we should know more in August.

The funding allocation from UK government has been ring fenced by BDUK to allow the administrators of Broadway to offer a package of the existing 7 projects to any prospective buyers. If no buyer is found we will be added to the BDUKs Open Public Review process (which would result in us not having connections for a long while yet) - but we are told Broadway has several interested buyers so we just need to wait patiently and see what happens next

So we will keep you posted, and please do join the "Connected Painscastle and Rhosgoch" group on Facebook for the most up-to-date information, and please do get in touch if you'd like to help with the project too.

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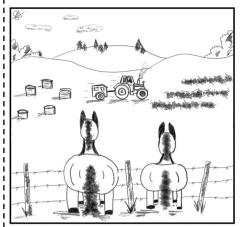
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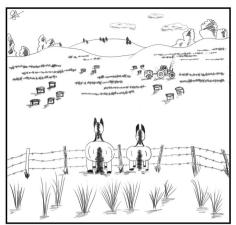
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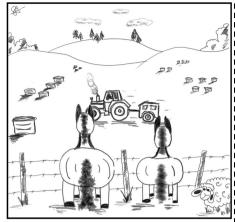


Dax: "Look at Farmer Colin, working hard on that field" Jewels: "Yeah, he's turning all that hay into those big round things"



Dax: "Do you think he's trying to make giant horse treats?"

Jewels: "Well if he is, he's doing it all wrong. They're way too big to chew!"



Dax: "Maybe we should give him some tips on treat sizes?"

Jewels: "Nah, let's just wait and see how he plans to get
those things into our feed buckets..."

BRYNGWYN AND DISTRICT WI

June saw our last indoor meeting until September. Angela Williams from the Herefordshire Archive Service gave an informative and entertaining talk on the Munitions Factory at Rotherwas. It took us from the beginnings of the factory in 1916 to the end of the Second World War. The talk had an emphasis on some of the characters who worked and lived on the site and their histories bought added colour to an enjoyable talk. Photographs from the Imperial War Museum illustrated the history of the site and showed the dangerous nature of the work.

In May, members brought documents, photo albums and other memorabilia detailing the activities of Bryngwyn and District WI since it was set up. Avryl remembered being brought to meetings as a young wife by her mother-in-law. The photos of past activities caused much delight and amusement.

Our outdoor activities will include a visit to the Weir Garden in July and to the newly refurbished Erwood Craft Centre in August.

In September we will have a talk by one of the motorcyclists that voluntarily transport blood and other tissues between hospitals as needed. He will bring his motorbike. This volunteering provides a vital service, helping to keep the NHS working. The meeting will be open to anyone who would like to come.

Anyone interested in joining our WI is very welcome to contact Helen on 01982 560492.



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Thurs—10.30am-12.30pm and 1.30pm-6pm Fri—1.30pm-6pm Sat—10am-12.30pm

• Clyro Church porch

• Llangorse Church porch

Squirrels Nest Rhosgoch - 7th-10th July 4th-7th August, 1st-4th September, 6th-9th October



please call Frank (01982) 560675



Saturday 16th September at 7.00pm in Frwood Market Hall

Tickets £12 including supper, tel, 01982 560675

whodunnii'?

'Get Offa McLeod!'

When nine ageing singing stars converge on the internationally famous Erwood Arena concert venue to take part in an awards ceremony arranged by impresario Ifor B'Gego, it doesn't take a genius to guess that trouble will follow – in fact, it will be murder!

Following their triumphant pre-pandemic production of 'Who killed the Vicar?', Erwood Players are proud once again to present a Murder Mystery Supper, on Saturday 16 September at 7pm in Erwood Market Hall. For just £12 audience members can enjoy an excellent meal while watching the story as it unfolds, at the same time helping worldfamous detective Offa McLeod to puzzle out 'whodunnit'. Come with friends or come on your own - you can find a team on the night if you wish. There will be prizes! Tickets (which for catering purposes must be bought in advance) can be ordered by phoning 01982 560675 or emailing pamela.banks1@btinternet.com.

THE 'NEW' ERWOOD TOILETS

In December 2015, the Brecon and Radnor reported that "Residents of Erwood have won a 10-year battle and saved



their public toilets from the final flush". throughout Toilets Powys faced closure and demolition but the residents of Erwood, supported by Kirsty Williams then a member of the Senedd, managed to save their toilets. A charity,

'Erwood Pit Stop Trust', took over the cleaning and regular maintenance, and with extra support from the YFC and others they even managed to keep the toilets open throughout the pandemic for the benefit of key workers and the 'blue-light' services. The toilets continue to be open 24/7. Donations: from honesty boxes from those that use the toilets, along with **!** regular support from the Welsh Government as the toilets are on the A470 trunk road, have provided sufficient funds that over the last few weeks the entire toilet block has been revamped to a very high standard. Users of the toilets have often left notes of thanks about how clean they are – but now the newly upgraded toilets look magnificent too! Thanks to ! Rob Williams, a local builder in Erwood, for all his work, and to the trustees for their dogged determination over the years to keep the toilets open, clean and maintained. The 17,000 plus annual users who make a Pit Stop in Erwood can now sit pretty in one of the very best communal toilets in





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Offa's Dyke 15 Trail Race

The OD-15 running race from Hay to Kington was held this year on Saturday 17 June. There were over 200 entrants, 198 of whom completed the course. This year there

was a relay option and eight teams took advantage of this with each team member completing around 5 miles of the course, passing the baton in Newchurch and Gladestry.

The first ever Offa's Dyke 15 was held 45 years ago,



and was part of the Silver Jubilee Celebrations. It was so successful that it was subsequently held every year until the Foot and Mouth Outbreak in 2001 caused its cancellation and then dormancy. Stratford based Tempo Events decided to resurrect the race and apart, from disruption during the Covid pandemic, the race has been back since 2015.

The route of the race follows the Offa's Dyke Footpath as much as possible, and the route is marked by bright yellow signs and local people acting as race marshals. I am grateful to the Masonic Lodge in Hay, the Hay Walkers, the Hay Hotfooters, the Kington Lions Club and Kington Masonic Lodge, and various other individuals, who gave up their time to point the way and cheer on the runners. Thanks as well go to one of Hay's Deputy Mayors, Alan Powell, who welcomed the runners just before the start, and the team of PCSOs who managed the traffic while the race got under way.



The feedback from the runners was – as usual - incredibly positive – tough race, fantastic views, lovely marshals, can't wait for next year.

Thanks to all who helped in any way, from giving permission to use your land or putting out signs, from spreading the word and applauding the athletes.

The two photos shown are copyright of David Latham.

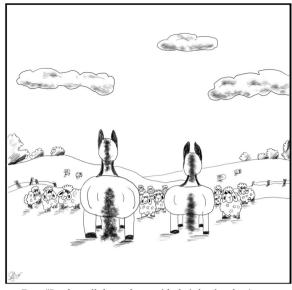
If you'd like to be involved in the race next year, either marshalling or running, please contact Allison Joyce for more information.



FLOWER POWER FROM TROFLORA

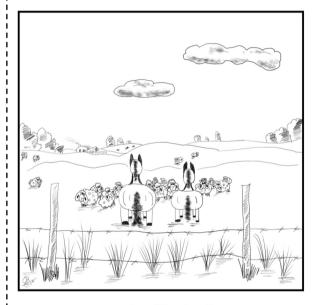
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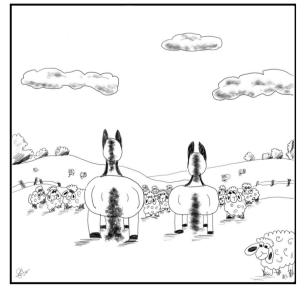


Dax: "Look at all those sheep with their lambs, they're so cute!"

Jewels: "Yeah, they're adorable. But do you know where they're headed?"



Dax: "No, where?"
Jewels: "To the market."



Dax: "Oh, so they're going shopping?"

Jewels: "Sure, let's go with that."

COFFEE MORNING AT THE MILL, RHOSGOCH









HERMON CHAPEL, RHOSGOCH

Special Service at Hermon Chapel to mark the Coronation of King Charles III, held on Sunday May 7th at 11am

Thank you to everyone whose participation made this such a joyful event. We're not naming names but thank you for the decorations inside and outside the Chapel (flags, bunting, flowers and even a celebratory plaque bearing the official Coronation graphics); for the musicians; for those who brought readings and poems; for the people who made the cakes and served refreshments.







Thank you too to everyone who joined us in response to the invitation. It was inspiring to see the Chapel full with people of all ages — and wonderful to see such splendid crowns. Four prizes were awarded to the best crowns and tiaras — but it was a close-run thing!

For those who like to record numbers, there were fifty-four of us, including children. And a retiring collection raised £140 for the Wales Air Ambulance.

This special service was at 11am to coordinate with the festivities in Painscastle in the afternoon, however the usual service time is 2.30 every Sunday afternoon. You will always find a warm welcome if you decide to come along - and delicious refreshments afterwards

COFFEE MORNING HELD AT RHOSGOCH MILL ON WEDNESDAY MAY 31ST 2023

The coffee morning was a get-together that raised funds for the Breast Cancer Prevention, 'CoppaFeel'. Specifically it was to Support Sian Wheal (Janet Russell's daughter) as she raised money in advance of a fund-raising trek around Mont Blanc in September.

Thank you to the many people and groups who came to the Mill, it was great to see you all and to see how people chatted together.

Sian would like to say a huge 'Thank You' to everyone who made a donation. In the end over £300 was raised!

If you made a donation to Sian's 'Just Giving' page, you may have noticed it was called 'Danceosaurus'. If you like watching dinosaurs dance, she has a Tiktok channel of the same name; check it out!

PAINSCASTLE AND RHOSGOCH TODDLER GROUP

This term the weather has been glorious so the children have enjoyed playing outside with sand, water and the usual favourite ride on toys. The craft activities have included making flower wristbands, painting on cling film canvases, making

